

# Ain't No Rush (P)

**COPPER** **KNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 0

**Level:** Beginner Partner/Circle



**Choreographer:** Jen Michele (USA) - October 2024

**Music:** Day Drinkin' - Parmalee

or: Lovin' You Is Fun - Easton Corbin

or: Cowboy Up - Vince Gill

or: Play Something Country - Brooks & Dunn

or: She Don't Know She's Beautiful - Sammy Kershaw

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**Dance travels counter clockwise.**

**Partners in sweetheart position with gentlemen on the left.**

## **Section 1 - Toe, Step. Step, ½ Pivot. Toe, Step. Step, ½ Pivot.**

- 1-2 touch right toe forward, drop heel to step
- 3-4 step left foot forward, make a ½ turn going right with weight ending on right foot
- 5-6 touch left toe forward, drop heel to step
- 7-8 step right foot forward, make a ½ turn going left with weight ending on left foot

## **Section 2 - Jazz square. Sways.**

- 1-2 cross step right foot over the left foot, step left foot back
- 3-4 step right foot to side, step left foot forward (or cross)
- 5-6 a As you step right foot slightly forward on the diagonal sway hips to right, sway hips back on the left
- 7-8 sway hips forward on to the right, sway hips back on to the left

## **Section 3 - Shuffle forward. Shuffle forward. Walk walk/turn turn. Shuffle forward.**

- 1&2 traveling forward step right, left, right
- 3&4 traveling forward step left, right, left
- 5-6 \*\*gentlemen walk forward right, left as you drop the ladies left hand, raise her right hand, and ladies step right, left as they make a full turn turning left OR ladies can simply walk forward right, left with the gentlemen\*\*
- 7&8 traveling forward step right, left, right

## **Section 4 - Shuffle forward. Step, touch. Back, hitch. Rock, recover.**

- 1&2 traveling forward step left, right, left
- 3-4 step right foot forward, touch left toe next to the right foot
- 5-6 step back on the left foot, hitch right knee
- 7-8 rock weight back on to the right foot, and recover (step) forward on the left

**Start over and have fun!**

**See ya on the dance floors!**

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**Last Update: 4 Oct 2024**

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