

# My Good Day AB

**COPPERKNOB**  
STEPPERS

Count: 24

Wall: 4

Level: Absolute Beginner

Choreographer: Sandra Barr (CAN) - August 2024

Music: GOOD DAY - Forrest Frank



**No Tags No Restarts.**

**(Start on the word "Good")**

## **S1 Skate R-L, R Shuffle, Skate L-R, L Shuffle**

- 1 -2 Skate R to R diagonal, Skate L to L diagonal.
- 3 & 4 Step R to right diagonal. Step L next to R. Step R to right diagonal.
- 5 - 6 Skate L to L diagonal, Skate R to R diagonal.
- 7 & 8 Step L to Left diagonal, Step R next to L. Step L to L diagonal

## **S2 Backwards Step touch R, L, R, L.**

- 1 - 2 Step R back to R diagonal, Touch L beside R (clap)
- 3 - 4 Step L back to L diagonal, Touch R beside L (clap)
- 5 - 6 Step R Back to R diagonal, Touch L beside R (clap)
- 7 - 8 Step L back to L diagonal, Touch R beside L (clap)

## **S3 R Grapevine, Heel touch, Jazz Box ¼ turn R**

- 1 - 2 Step R to R, Cross L behind R
- 3 - 4 Step R to R, Touch L Heel next to R
- 5 - 6 Cross R over L, Step back on L
- 7 - 8 Turn ¼ R, stepping on R, step L next to R (weight on L)

**Start Again!**

**Dance will end on 12:00 as music ends**

**Remember to look up, smile and have a GOOD DAY!**

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