Kamala Cha Cha Easy

Count: 32

Level: Absolute Beginner

Choreographer: Shanthie De Mel (AUS) - 10 September 2024

Music: She's a Lady (Cha Cha / 30 BPM) - Ross Mitchell, His Band and Singers

Intro: 16 counts. Begin on vocals. Keep the beat. No Tags or Restarts. Left rotation. Do your own styling. NOTE: The music ends at last rotation facing 12:00. Pose!

(1-8) SIDE. TAP. SHUFFLE LEFT. ROCK BACK. RECOVER. SHUFFLE FORWARD.

- 1, 2, 3&4 Step R to right side. Tap L to R. Shuffle left L-R-L.
- 5, 6, 7&8 Rock back R. Recover L. Shuffle forward R-L-R. (12:00)

(9-16) SIDE. TAP. SHUFFLE RIGHT. ROCK FORWARD. RECOVER. SHUFFLE BACK.

- Step L to left. Tap R to L. Shuffle right R-L-R. 1, 2, 3&4
- 5, 6, 7&8 Rock L forward. Recover R. Shuffle back L-R-L. (12:00)

(17-24) CROSS ROCK. RECOVER. WEAVE. SHUFFLE.

- 1, 2, 3, 4 Cross rock R over L. Recover L. Step R to right side. Cross L over R.
- 5, 6, 7&8 Step R to right side. Cross L behind R. Shuffle right R-L-R.

(25-32) CROSS ROCK. RECOVER. WEAVE. TURN ¼ LEFT SIDE. HOLD.

- 1, 2, 3, 4 Cross rock L over R. Recover R. Step L to left side. Cross R over L.
- 5,6 Step L to left side. Cross R behind L.
- Turning ¹/₄ left step L to left side. Hold. (9:00) 7,8

Begin again. Enjoy the music & dance with attitude!





Wall: 4