

# Quicksand

Count: 32

Wall: 0

Level: Improver

Choreographer: Pat Stott (UK) - September 2024

Music: Quicksand (feat. Rianne Downey) - Paul Heaton



## Intro: 16c

### Side, close, forward, hold, side, close, side, hold

- 1-4. Right to right, close left to right, right forward, hold  
5-8. Left to left, close right to left, left to left, hold

### Back, recover, extended vine right

- 1-2 rock back on right, recover on left  
3-8. Right to right, left behind, right to right, Left over right, right to right, cross left behind right (extended vine)

### Side, rock, cross, hold & clap, turn 1/4 right stepping back on left, right to right, cross left over right, hold & clap

- 1-4. Rock right to right, recover on left, cross right over left, hold & clap  
5-8. Turn 1/4 right stepping back on left, right to right, cross left over right, hold & clap

### Side, rock, behind, side, rock, behind, side, rock.

- 1-3. Rock right to right, recover on left, cross right behind left  
4-6. Rock left to left, recover on right, cross left behind right  
7-8. Rock right to right, recover onto left

### Tag 1 (4 counts)

- 1-4. Rock hips - stepping to right, left, right, left

### Tag 2 (12 counts)

- 1-8. Rumba box ; right to right, close left to right, right forward, hold, left to left, close right to left, back on left, hold  
9-12. Rock hips - stepping to right, left, right, left (tag 1)

### Sequence

- 32, 32, (tag1), 32, (tag 1), 32, (tag 2)  
32, 32, (tag 1), 32 (tag 1), 32, (tag 2)  
32, 32, (tag 1), 32, (tag 1), 31 ending with stomps - left, right (beats 30 & 31)

### Choreographers note:

Tags are easy to hear and the 12 count tags are both facing 12 o'clock

Finishes at 12 o'clock on beats 30, 31 (stomp on left, stomp on right)

Tahdah!