

# Highs & Lows EZ

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Maryse Fourmage (FR) - 14 September 2024

**Music:** Highs & Lows - Matt Cooper



**No Tag – No Restart**

**Start 0,12s approximately – 16 count**

**[1-8] Walk, Walk, Kickx2, Hoock, Triple-Step, Step**

1-2 Walk FW: R, L  
3-4 R Kick FWx2  
5-6& RF back with L Hoock over RF, LF FW, RF next to LF  
7-8 LF FW, RF FW

**[9-16] ¼ L, Cross shuffle, Rock side, Chassé L, RF back**

1-2& ¼ L (finish weight on LF), Cross RF over LF, LF to the L side  
3-4 Cross RF over LF, LF to the L side  
5-6& Recover to RF, LF to the L side, RF next to LF  
7-8 LF to the L side, RF behind

**[17-24] Recover LF, Chassé R, Rock back, Step, ¼ R, Step FW**

1-2& Recover to LF, RF to the R side, LF next to RF  
3-4 RF to the R side, LF back  
5-6 Recover to RF, LF FW  
7-8 ¼ R (finish weight on RF), LF FW

**[25-32] ¼ R, Cross, Back, Side, Point, Point, Point, Touch**

1-2 ¼ R (finish weight on RF), Cross LF over RF  
3-4 RF back, LF to the L side  
5-6 Point R FW, Point R tot the R side  
7-8 Point R FW, Touch RF next to LF \*

**Final : Jazz-Box ¼ R: 7-8&1 Cross RF over LF, LF back, Make ¼ R RF to the R side, LF FW**

Smile et enjoy the dance

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