# I'm Going Down



Count: 32 Wall: 4 Level: Improver

Choreographer: Nathalie Toupin (CAN) & Ashley Pelletier (CAN) - August 2024

Music: Mayday - Casey Barnes

INTRO: 16 counts

Restarts: 2

\*1st restart wall 2 facing 3 o'clock after 16 counts
\*2nd restart: wall 4 facing 6 o'clock after 16 counts

#### [1-8] CROSS, STEP, CROSS SHUFFLE, SIDE ROCK, CROSS, UNWIND ½ TURN

1-2 Cross RF in front of left, LF to left,

3&4 Cross RF in front of left, LF to left, cross RF in front of left

5-6 Rock LF left, recover on right

7-8 Cross LF over right, unwind ½ turn to the right put weight on LF

### [9-16] STEP, KICK, STEP, HOOK, OUT, OUT, HOLD, HEEL BOUNCE (OR SWAY)

1-2 RF fwd, Kick LF fwd

3-4 LF back, hook RF in front

&5-6 Step RF out to right, step LF out to left, hold

&7&8 Lift heels off the floor, lower heels down, lift heels off the floor, lower heels down shifting

weight onto left

### (Optional) Sway Hips right to left shifting weight onto left

\*\*\*RESTART HERE on wall 2 facing 3'oclock\*\*\*

\*\*\*RESTART HERE on wall 4 facing 6'oclock\*\*\*

## [17-24] SIDE, BEHIND, SIDE, HEEL, BALL, CROSS, HINGE ½ TURN, STOMP, KICK ¼ TURN

1-2 RF right, cross LF behind right

&3&4 RF right, Left Heel fwd diagonal, recover ball of LF, cross RF in front of left

5-6 LF left, 1/2 hinge turn right by stepping to R with RF

7-8 Stomp LF next to right while going down, Kick ¼ turn left with LF while moving body up

### [25-32] ROCK BACK X2, ½ TURN 2X

1-2 Rock LF back, recover on RF

&3-4
Ball of LF next to right, rock RF back, recover on left
5-6
Step RF fwd, pivot ½ turn L transferring weight onto L
7-8
Step RF fwd, pivot ½ turn L transferring weight onto L