

# Cuma Sekali

Count: 32

Wall: 4

Level: Beginner

Choreographer: Retno Ernawati (INA) - September 2024

Music: Hidup Cuma Sekali - TOFU



\* Restart after 16 count on wall 3

Start on vocal

## Section 1 TOUCH HIP BUMP UP DOWN, BEHIND SIDE CROSS RL

- 1&2 Touch RF R diagonal forward & Bump R Hip Up, Bump R Hip down, Bump R Hip Up  
3&4 Cross RF behind LF, step LF to L, cross RF over LF  
5&6 Toch LF L diagonal forward & Bump L Hip Up, Bump L Hip down, Bimp L hip Up  
7&8 Cross LF behind RF, step RF to R, Cross , Cross LF over RF

## Section 2 CHARLESTON, SHUFFLE FORWARD 2x

- 1 - 2 Sweep & Touch RF forward, Sweep & Step RF backward  
3 - 4 Sweep & Touch LF backward , Sweep & step LF forward  
5 & 6 Step RF forward, Step LF next to RF, Step RF forward  
7 & 8 Step LF forward, Step RF next to LF, Step LF forward

\*Restart here on wall 3

## Section 3 TRAVELLING VOLTA RL

- &1&2 Hitch RF Cross RF over LF, step LF to L, cross RF over LF  
&3&4 step LF to L, cross RF over LF, step LF to L, cross RF over LF  
&5&6& Hitch LF Cross LF over RF, step RF to R, cross LF over RF  
&7&8 step RF to R, cross LF over RF, step RF to R, cross LF over RF

## Section 4 FORWARD MAMBO , BACK MAMBO, PADDLE TURN 1/8L 2x

- 1 & 2 Rock RF forward, recover onto LF, step RF backward  
3 & 4 Rock LF backward, recover onto RF, step LF forward  
5 - 6 Step RF to R , Turn 1/8 L  
7 - 8 Step RF to R, Turn 1/8 L

Finish enjoy, happy dancing

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