

# Guy I Used To Be

**COPPER** **KNOB**  
STEPSHEETS

Count: 32

Wall: 4

Level: Easy Intermediate

Choreographer: Syndie BERGER (FR) & Jo Thompson Szymanski (USA) - May 2024

Music: Guy I Used To Be - Lawrence



Intro : 48 counts (24 seconds) – Weight on Left Foot

## SECTION 1 SIDE STEP – DIAG KICK – BEHIND-SIDE-CROSS – SIDE ROCK, RECOVER ¼ TURN L – TRIPLE FORWARD

- 1 – 2 Step RF to R side – Kick LF in L diagonal
- 3 & 4 Cross LF behind RF – Step RF to R side (&) – Cross LF over RF
- 5 – 6 Rock RF to R side – Turn ¼ L recovering weight forward on LF (facing 9:00)
- 7 & 8 Step RF forward – Step LF together (&) – Step RF forward

## SECTION 2 SYNCOPATED SIDE ROCKS – CROSS BEHIND – UNWIND ½ R – CROSS TRIPLE

- 1 – 2 Rock LF to L side – Recover on RF
- & 3-4 Step LF next to RF (&) – Rock RF to R side – Recover on LF
- 5 – 6 Cross ball of RF behind LF – Unwind ½ turn to R shifting weight to RF (facing 3:00)
- 7 & 8 Cross LF over RF – Step RF to R side (&) – Cross LF over RF

## SECTION 3 SIDE TOUCH – HOLD – SIDE TOUCH & CROSS – STEP BACK – SIDE STEP – CROSS TRIPLE

- & 1 Step RF to R side (&) – Touch L toe next to RF
- 2 Hold
- & 3 Step LF to L side (&) – Touch R toe next to LF
- & 4 Step RF to R side (&) – Cross LF over RF
- 5 – 6 Step back on RF – Step LF to L side
- 7 & 8 Cross RF over LF – Step LF to L side (&) – Cross RF over LF

## SECTION 4 CHASSE L – ¼ TURN R CHASSE R – ¼ TURN R CHASSE L – ROCK BACK RECOVER

- 1 & 2 Step LF to L side – Step RF together - Step LF to L side
- 3 & 4 Turn ¼ R stepping RF to R side – Step LF together - Step RF to R side (facing 6:00)
- 5 & 6 Turn ¼ R stepping LF to L side – Step RF together - Step LF to L side (facing 9:00)
- 7 – 8 Rock RF behind LF – Recover on LF

**\*\* 16 TAG happens 3 times: At the end of \*1st wall (facing 9:00), and end of \*\*4th and \*\*8th walls (facing 12:00)**

## SECTION 1 POINT – HOLD – & POINT – HOLD – & CROSSING KICKS RIGHT & LEFT – & STEP ½ TURN L

- 1 – 2 Touch R toe to R side – Hold
- & 3-4 Step RF together (&) – Touch L toe to L side – Hold
- & 5 Step LF together (&) – Kick RF forward across L
- & 6 Step RF together (&) – Kick LF forward across R
- & 7-8 Step LF together (&) – Step RF forward – Pivot ½ turn L shifting weight onto LF (\* facing 3:00 /\*\* facing 6:00)

## SECTION 2 DOROTHY STEPS RIGHT & LEFT – STEP – TWIST HEELS R.L.R WITH ½ TURN L – STEP FORWARD

- 1-2 & Step RF in R diagonal – Cross (lock) LF behind RF – Step RF in R diagonal (&)
- 3-4 & Step LF in L diagonal – Cross (lock) RF behind LF – Step LF in L diagonal (&)
- 5-6 & Step RF forward (5) – Turn ¼ left shifting both heels R (6) – Shift heels L (&) (\* facing 12:00 /\*\* facing 3:00)
- 7 – 8 Turn ¼ left shifting both heels R (weight on RF) (7) – Step LF forward (8)

**NOTE : During counts 6&7-8, follow the lyrics when he sings « good, good, good, good-bye ». Restart dance (count 1) on « Bye »**

**At the end of 11th wall (facing 3:00), Turn ¼ L stepping RF to R side waving R hand to say Goodbye !**

**Dance, Smile & Sweeeeeeeep!**

**Music note : At about 2 :17, the music goes quiet, just keep dancing and the beat will come back in.**

---