

# Listen to My Heart, Easy

**COPPER** **KNOB**  
STEPSHEETS

Count: 32

Wall: 2

Level: High Beginner

Choreographer: Runa (DK) - August 2024

Music: Listen - Eloise Viola



**Intro: Start on the word "Hold" (approx. 3 sec.)**

**S1. Side, touch, side ¼ turn R, touch, side, together, fwd shuffle**

- 1-2 Step R to R side, touch L beside R
- 3-4 Step L to L side ¼ turn R, touch R beside L (3:00)
- 5-6 Step R to R side, step L beside R
- 7&8 Step fwd on R, step L beside R, step fwd on R

**S2. Rock, recover, shuffle back, back-rock, recover, fwd shuffle**

- 1-2 Rock fwd on L, recover on R
- 3&4 Step back on L, step R beside L, step back on L
- 5-6 Rock back on R, recover on L
- 7&8 Step fwd on R, step L beside R, step fwd on R

**S3: Rock, recover, (back, hitch) x 2 (L+R), shuffle back**

- 1-2 Rock fwd on L, recover on R
- 3-4 Step back on L, hitch R
- 5-6 Step back on R, hitch L
- 7&8 Step back on L, step R beside L, step back on L

**S4. Back-rock, recover, kick-ball-fwd, jazz-box ¼ turn R with cross**

- 1-2 Rock back on R, recover on L
- 3&4 Kick R fwd, step R beside L, step fwd on L
- 5-6 Cross R over L, step back on L ¼ turn R (6:00)
- 7-8 Step R to R side, cross L over R

**Easier option count 3-4 : Walk R+L**

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