

Living on the Afterglow

Count: 32

Wall: 4

Level: Improver

Choreographer: Brain Phillipp Grunwald (DE) - August 2024

Music: Afterglow - Sunrise Avenue



#Intro: 16 Counts, Dance starts after the chorus with "You left your ghost..."

Dorothy, Step – Touch, 1 ½ R, closing touch

- 1 – 2 & Step right fwd. - Hold and Crossing left behind right – Step right fwd. (slightly oblique)
- 3 – 4 Step left fwd. - Touching right toe next to left
- 5 – 7 ½ turn right with right step fwd. - ½ turn right with left step back – ½ turn right with right step fwd.
- 8 Pull the left to the right by gently grinding and end with a touch, the weight is on the right

Rock Step, Coaster Step, Kick Forward r, Cross r, Jumping Back Rock left, Kick Forward l, Cross l, Jumping Back Rock right

- 1 – 2 Step left fwd. - weight back on right
- 3 & 4 Coaster Step beginning with left (left-right-left)
- (Jumping)**
- 5 & 6 & Kick right foot fwd. - cross right foot in front of left and lift left foot slightly - Jump left foot backwards and kick right foot fwd. - weight back on right foot
- (Jumping)**
- 7 & 8 & Kick left foot fwd. - cross left foot in front of right and lift right foot slightly - Jump right foot backwards and kick left foot fwd. - return weight to left foot

Rock Step, ¼ Sailor turn R, Shuffle, Full turn with 2 Steps

- 1 – 2 Step right fwd. - weight back on left
- 3 & 4 ¼ turn right - Cross right behind left - Step smaller to left - Small step fwd. With right
- 5 & 6 Step left fwd. - Close right next to left – Step left fwd.
- 7 – 8 ½ turn left and step back with right – ½ turn left and step fwd. with left

Slide, Back Rock, Slide Back Rock, Mambo Step, Rock Step with full turn

- 1 – 2 & Slide aside to the right – Cross left behind right and turn weight back on right
- 3 – 4 & Slide aside to the left – Cross right behind left and turn weight back on left
- 5 & 6 Step RF fwd. - weight back on LF – Step RF back
- 7 & 8 ½ turn left with step fwd. (LF) - weight back on LF – ½ turn left with step fwd. (LF)

Tag 1 (8 Counts): Finishing the 3rd wall and repeat the last 8 Counts! (3 'o clock)

Tag 2 (8 Counts): Finishing the 7th wall and doing the following (3 'o clock):

- 1 – 2 & Slide aside to the right – Cross left behind right and turn weight back on right
- 3 – 4 & Slide aside to the left – Cross right behind left and turn weight back on left
- 5 & 6 & Rock fwd. (RF) - weight back on left – Rock back (RF) - weight back on left
- 7 - 8 Step RF fwd. - rising right hand slowly into the air

Please have fun with this dance and enjoy this nice song that describes something that can happen to anyone in life.

Thank you by dancing my Dances!