## All My Life Seulement Western

Count: 48
Wall: 4
Level: Improver
Choreographer: Marie Nadeau (CAN) - July 2024
Music: All My Life - Falling In Reverse \& Jelly Roll

INTRO: Dance starts right after the sound of wind just after singer says: Hey!
***3 RESTARTS: after TAG 1 of wall 2, after TAG 3 of wall 4, after 32 counts of Wall 5
TAG 1: after 32 counts of Wall 2 and after Wall 4
TAG 2: after TAG 1 of 4th wall
TAG 3: after TAG 2 of 4th wall
S1: HEEL SWITCHES R\&L, TOE SWITCHES R\&L, SLIDE R, PONY STEP 2X R
1\&2\& Touch R Heel fwd, Put R next to L, Touch L heel fwd, Put L next to R
3\&4\& Touch R toe fwd (knee slightly in), Put R next to left, Touch L toe fwd (knee slightly in), Put L next to $R$
5,6 Slide $R$ in a long step to the right, Step $L$ next to $R$
$7 \& 8 \quad$ Lift $R$ knee up to right Side, Put $R$ down, Step $L$ next to $R(2 x)$ while you lasso in circle above your head with $R$ arm $2 x$.

S2: SIDE STEP L, CROSS R BHD, WEAVE, $1 / 4$ TURN SLIDE L, HEEL DRAG R, COASTER STEP $R$
1,2 Step $L$ to left side, Cross $R$ behind $L$
\& 3\&4 Step $L$ to left side, Cross $R$ over $L$, Step $L$ to left side, Cross $R$ behind $L$
5,6 Slide $L$ to Left Side in a long step while turning $1 / 4$ turn towards right, Drag your $R$ heel while sliding your L
7\&8 Step R behind, Step L next to R, Step R forward
S3: STEP L, POINT R, STEP R, POINT L, CROSS SHUFFLE L, PENDULUM STEPS R\&L
1,2 Step L fwd, Point R toe to right side
34 Step R fwd, Point $L$ toe to left side
5\&6 Cross L over R, Step R to right side, Cross L over R, Step R to right side
7\&8\& Point $R$ toe to right side, Step R next to $L$, Point $L$ toe to left side, Step $L$ next to $R$
S4: STEP R, PIVOT $1 / 2$, STEP R, PIVOT $1 ⁄ 2$, OUT R, OUT L, HIP ROLL
1,2 Step R fwd, Pivot $1 / 2$ turn towards left
3,4 Step R fwd, Pivot $1 / 2$ turn towards left
$5,6 \quad$ Step $R$ fwd slightly larger than shoulder length (2:00), Step L fwd slightly larger than shoulder length (10:00)
7,8 Roll Hips from left to right in a half circle
TAG 1 wall 2 then RESTART
RESTART wall 5
S5: KICK R, HOOK R, KICK R, KICK L, HOOK L, KICK L, JUMP/ BALL TOUCH L\&R, STEP R, HEEL SWIVEL
1\&2\& Kick R fwd slightly touching floor, Hook R over L, Kick R fwd
3\&4\& Kick L fwd slightly touching floor, Hook L over R, Kick L fwd
\&5\&6 Jump L to left diagonal, Step R next to L, Jump R to right diagonal, Step L next to R
7\&8 Step R fwd, Swivel both Heels towards the right, Bring back to original stand.
S6: SHUFFLE DIAGONAL R\&L, JAZZ BOX R
1\&2 Step R fwd towards 2:00, Step L next to R, Step R fwd
$3 \& 4$
Step L fwd towards 10:00, Step R next to L, Step L fwd

TAGS 1,2 \& 3
After wall 4, one after the other then RESTART
TAG 1: Paddle $1 / 8$ turn to complete full turn towards LEFT - air guitar \#8 counts

TAG 2: Paddle $1 / 8$ turn to complete full turn towards RIGHT - air guitar \#8 counts

TAG 3: Paddle $1 / 4$ turn to complete TWO full turns towards left - air guitar Heavy Metal style \#16 counts

