

# Training Season's Over

**COPPER** **KNOB**  
BY STEPHENETS

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Linda LeClaire (USA) - July 2024

**Music:** Training Season - Dua Lipa



## Walk Forward R,L,R, Kick, Walk Back L,R,L Touch

- 1 – 4            Walk forward R,L,R, kick L  
5 – 8            Walk back L,R,L, touch R next to L

## Vine Right and Left \*

- 1 – 4            Step R to right, step L behind R, step R to right, touch L next to R  
5 – 8            Step L to left, step R behind L, step L to left, touch R next to L

## K-Step \*\*

- 1 – 2            Step R on diagonal towards 2:00, touch L next to R  
3 – 4            Step L back on diagonal, touch R next to L  
5 – 6            step R on diagonal towards 4:00, touch L next to R  
7 – 8            Step L forward on diagonal, touch R next to L

## Three ¼ paddle turns, Two Steps in Place

- 1 – 2            Step R forward, pivot ¼ left  
3 – 4            Step R forward, pivot ¼ left  
5 – 6            Step R forward, pivot ¼ left  
7 – 8            Step R and L in place

**Restart after 16 counts on walls 3 & 6**

**Restart after 24 counts on wall 12**

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