Wildflowers and Wild Horses



Count: 64 Wall: 4 Level: Improver

Choreographer: Caroline Cooper (UK) - July 2024

Music: Wildflowers and Wild Horses - Lainey Wilson



Intro 16 counts – one restart during wall 3 after 16 counts

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Section 1 WALK FWD R & L.	SHUFFLE FWD.	. ROCK. RECOVER.	SWEEPS BACK L & R

1-2	Sten	R fwd.	sten	I fwd

3&4 Step R fwd, close L next to R, step R fwd

5-6 Rock L fwd, recover R

7-8 Sweep L back, sweep R back (12)

Section 2 ROCK BACK L, RECOVER, STEP POINT, SYNCOPATED JAZZ 1/4 TURN, POINT R

1-2 Rock L back, recover R
3-4 Step L fwd, point R to R side
5-6 Cross R over L, step back L

&78 1/4 turn R stepping R to R side, cross L over R, point R to R side (3)

Section 3 TOUCH BACK, TOUCH SIDE, BEHIND SIDE CROSS, SWAY L & R, SAILOR 1/4 TURN L

1-2 Touch R behind L, touch R to R side

3&4 Cross R behind L, step L to L side, cross R over L

5-6 Step L to I side sway L, sway R

7&8 ½ turn L, sweeping L behind R, step R to R side, step L to L side (12)

Section 4 ROCK R FWD, RECOVER, ½ TURN ½ TURN, BACK ROCK, STEP ¼ TURN L

1-2 Rock R fwd, recover L

3-4 ½ turn R stepping fwd R, ½ turn stepping back L

5-6 Rock R back, recover L 7-8 Step fwd R, ¼ turn L (9)

Section 5 CROSS SAMBA, CROSS SAMBA, ROCK FWD, RECOVER, COASTER

1&2 Cross R over L, rock L to L side, recover R3&4 Cross L over R, rock R to R side, recover L

5-6 Rock R fwd, recover L

7&8 Step R back, close L next to R, step R fwd (Option: replace coaster with triple full turn) (9)

Section 6 ROCK FWD, RECOVER, SHUFFLE ½ TURN, ROCK FWD, RECOVER, SHUFFLE ½ TURN

1-2 Rock L fwd, recover R

3&4 ¼ turn L, stepping L to L side, close R next to L, ¼ turn L stepping fwd L

5-6 Rock R fwd, recover L

7&8 ½ turn R, stepping R to R side, close L next to R, ¼ turn R stepping fwd R (9)

Section 7 L DOROTHY STEP, R DOROTHY STEP, ROCK FWD, RECOVER, STEP BACK, TAP ACROSS

Step L to L diagonal, lock R behind L, step fwd L
 Step R to R diagonal, lock L behind R, step fwd R

5-6 Rock L fwd, recover R

7-8 Step back L, tap R across L (9)

Section 8 SIDE CLOSE, SHUFFLE FWD, SIDE CLOSE, SHUFFLE FWD

1-2 Step R to R side, close L next to R

3&4 Step R fwd, close L next to R, step R fwd

5-6 Step L to L side, close R next to L

7&8 Step fwd L, close R next to L, step fwd L (9)

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