

# One Step Forward Waltz

**Count:** 30

**Wall:** 4

**Level:** Beginner - waltz

**Choreographer:** Betty Wilson (USA) & Charlotte Lucia (USA) - July 2024

**Music:** Home to Donegal - Celtic Brothers

or: 5 Leaf Clover - Luke Combs

or: The Blue Danube - Various Artists

or: Perfect - Ed Sheeran

or: Girl Crush - Little Big Town



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Adapted from original choreography by Betty Wilson & Charlotte Lucia (Script by Glynn Rodgers)

## Section 1 "One Step Forward, Two Steps Back"

- 1-3 (1) Step left forward to left diagonal, drag right foot towards left with no weight.  
4-6 (2a) Step right diagonally back, drag left towards right, step left beside right.  
7-9 (3) Step right diagonally back, drag left towards right with no weight.

## Section 2 Side, Drag, Close, Side, Drag.

- 10-12 (4a) Step left to left side, drag right towards left, step right beside left.  
13-15 (5) Step left to left side, drag right towards left with no weight.

## Section 3 "One Step Forward, Two Steps Back"

- 16-18 (6) Step right forward to right diagonal, drag left towards right with no weight.  
19-21 (7a) Step left diagonally back, drag right towards left, step right beside left.  
22-24 (8) Step left diagonally back, drag right towards left with no weight.

## Section 4 Side, Drag, Close, ¼ Forward, Drag.

- 25-27 (1a) Step right to right side, drag left to right, step left beside right.  
28-30 (2) Turn ¼ right stepping forward right, drag left towards right.

**START AGAIN & ENJOY!**

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