Eight Days A Week

Count: 0   **Wall:** 2   **Level:** Easy Beginner

Choreographer: Diane J. Ellis (USA) - July 2024

Music: Eight Days a Week - The Beatles

This dance is in honor of my Level 1 & 2 students for our first Social together. I wanted a dance that was easy enough for Level 1 to learn, and interesting enough for Level 2 to hold their interest. The stepsheet looks daunting, but it really is a simple dance. The video will confirm this. I hope you enjoy it.

Sequence: Section One 2x; Section Two 2x; Section One 1x; Section Two 2x, Section One To End.

SECTION ONE - 2X VINE RIGHT, TOUCH OUT/IN/OUT/IN
1-4   Step R to side, step L behind R, step R to side, touch L beside R
5-8   Touch L to side, touch L beside R, touch L to side, touch L beside R

VINE LEFT, TOUCH OUT/IN/OUT/IN
1-4   Step L to side, step R behind L, step L to side, touch R beside L
5-8   Touch R to side, touch R beside L, step R to side, touch R beside L

CROSS POINT 4X
1 - 4   Cross R over L, Point L to side; Cross L over R, Point R to side
5 - 8   Repeat 1-4

TWO 1/8 JAZZ BOXES
1-4   Step R across L, Step L back, 1/8 turn right & step R to side; Step L beside R
5-8   Repeat 1-4 (3:00)

BASIC R (body angled towards 4:00) WITH HOLD AND 2 CLAPS; BASIC L (body angled towards 2:00) WITH HOLD AND 2 CLAPS - REPEAT
1-8   Side, Together, Side, Hold and 2 Claps (Body angled towards 4:00); Side, Together, Side, Hold and 2 Claps (Body angled towards 2:00)
1-8   Side, Together, Side, Hold and 2 Claps (Body angled towards 4:00); Side, Together, Side, Hold and 2 Claps (Body angled towards 2:00)

4 FWD. TOUCHES, ON ZIG-ZAG
1-8   R fwd., touch L beside R; L fwd., touch R beside L; R fwd., touch L beside R; L fwd., touch R beside L

4 BACK TOUCHES, ON ZIG-ZAG
1-8   R back, touch L beside R; L back, touch R beside L; R back, touch L beside R; L bak, touch R beside L

SECTION TWO - 2X
-TWO SLOW PIVOTS
1-8   2 slow ¼ pivots

3 SWIVELS (OR SWAYS) HOLD; 3 SWIVELS (OR SWAYS) HOLD
1-3   hold 4 Swivel towards R, swivel towards L, swivel towards R, hold
5-7   hold 8 Swivel towards R, swivel towards L, swivel towards R, hold

THEN REPEAT SECTION ONE 1X, SECTION TWO 2X, SECTION ONE TO END.