

# Pick a Wildflower

Count: 40

Wall: 4

Level: Phrased Beginner

Choreographer: Stephanie Hammond (USA) - June 2024

Music: Pickin' Wildflowers - Keith Anderson



SEQUENCE: A, A, A (first 8 count only), B, B, B (first 6 counts) restart on new wall B

INTRO APPROXIMATELY 23 SECONDS

## PART A: 24 counts total

- 1&2 R toe to heel scuff
- 3&4 L toe to heel scuff
- 5&6 Triple step forward on R
- 7&8 L grapevine at 90° facing right wall
  
- 1&2 Scuff R leg with 180° turn counterclockwise hitch
- 3&4 Grapevine to the R
- 5 Walk back with L, heel touch with R
- 6 Walk back with R, heel touch with L
- 7&8 R crossover L, full 360° turn
  
- 1 Pause
- 2 Pause
- 3 Step down R
- 4 Step down L
- 5 Pause
- 6 Pause
- 7, 8 Heel pump R & L together

New wall starts left, Repeat for 1.5x

On 3rd sequence of A, B sequence will start after the grapevine on first 8 count.

## PART B: 16 counts total (starts approximately at 0:54)

- 1&2 R forward triple step
- 3&4 L forward triple step
- 5& R toe to heel scuff
- 6& R foot down over L triple step
- 7 Turn counterclockwise 240° on R foot
- 8 Kick L leg out
  
- 1&2 L step ball change, L foot lead
- 3 Step forward R, Pop leg L
- 4 Step forward L, Pop leg R
- 5&6& Flick R leg front then R side, to a ball change on R with R foot lead
- 7 Step L, Step R (feet shoulder width apart)
- &8 Move hips in clockwise circle (or have fun with it!)

## REPEAT

**\*\*3rd rotation of B there is a restart\*\* (approx. 1:26)**

- 1&2 R forward triple step
- 3&4 L forward triple step

5& R toe to heel scuff  
6& R foot down over L triple step  
**Restart new wall L, Start B sequence over**

**Last Update - 18 Jun. 2024 - R1**

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