

Pride & Joy

Count: 32

Wall: 4

Level: Improver

Choreographer: Sue Ann Ehmann (USA) & Larry Bass (USA) - June 2024

Music: Pride & Joy - Scooter Lee : (CD: Scooter Lee, More of the Best)



FORWARD ROCK RECOVER, & HEEL BOUNCES(2X), SWITCH TAP, SWITCH TAP, & HEEL BOUNCES (2X), &

- 1-2 Rock R forward; Recover back to L
- &3-4 Step R back (&0, Bounce L heel twice (3-4)
- &5 Step L beside R, Tap R heel forward
- &6 Step R beside L, Tap L heel forward
- &7-8 Step L beside R, (&) Touch R slightly forward and bounce heel twice (7-8)
- & Step R beside L

FORWARD ROCK STEP; SIDE ROCK STEP; BEHIND, SIDE, CROSSOVER SHUFFLE

- 1-2 Rock L forward; Recover back to R
- 3-4 Rock L to left; Recover right to R
- 5-6 Step L behind R; Step R to right
- 7&8 Step L across R, Step R to right, Step L across R

LINDY RIGHT, STEP FORWARD, PIVOT 1/4 RIGHT, CROSS, HOLD

- 1&2 Step right to side, step left beside right, step right to side
- 3-4 Rock left back, recover right
- 5-6 Step left forward, turn 1/4 right
- 7-8 Step left across right, hold

RIGHT STEP TOUCH, LEFT STEP TOUCH, OUT-OUT, IN-IN, OUT-OUT, IN-IN

- 1-2 Step right to side, touch left beside right
- 3-4 Step left to side, touch right beside left
- &5&6 Step right to side (&), Step L to side (5), Step R in (&), Step L in (6)
- &7&8 Step right to side (&), Step L to side (7), Step R in (&), Step L in (8)

Easier Options for last 4 counts:

Option 1: &5-6, &7-8 Out Out, Hold, In In, Hold

Option 2: 5-6-7-8 Out Out In In

Option 3: 5-6-7-8 Bump Hips Right, Left, Right, Left

Start Over

Choreographer Information:

Larry Bass, Saint Johns, FL, USA larrybass6622@comcast.net

Sue Ann Ehmann, Patrick Springs, VA, USA SueAnn5678@gmail.com

All Rights Reserved.

This Step Sheet may not be altered in any way without the written permission of the Choreographers.
If you would like to use it on your website please make sure it is in its original format.

Last Update: 29 Oct 2024