You're The One To Blame

Level: Beginner

Choreographer: Toni Holmes (UK) - June 2024

Music: Ain't That a Shame (Workout Remix 128 BPM) - Power Music Workout

Sec 1: walks forward, Kick, walks back, touch

Count: 32

- 1-4 walk forward R, L, R, kick L foot forward
- 5-8 walk back L, R, L, touch R next to L

Sec 2: chase R, back Rock, Chase L, back Rock

- 1&2 step R to R side, close L to meet, step R to R side
- 3-4 rock back on L, recover on R
- 5&6 step L to L side, close R next to L, step L to L side
- 7-8 Rock back on R, recover on L

Sec 3: pivot ¼ turn x 2, R jazz box

- 1-2 step forward on R pivot 1/4 turn L
- 3-4 step forward on R pivot 1/4 turn L
- 5-6 cross R over L, step back on L
- 7-8 step R to R side, close L next to R

Sec 4: heel touches, heel switches, point, knee pop

- 1-2& tap R heel forward x 2, close R next to L
- 3-4& tap L heel forward x 2, close L next to R
- 5&6& tap R heel F, close R next to L, Tap L heel F, close L next to R
- 7&8 point R Toe to R side, Tap R toe inwards popping right knee towards L leg.

Start Again

Last Update - 19 Jun. 2024 - R1





Wall: 2