Going MIA

Level: Improver

Choreographer: Helaine Norman (USA) - June 2024

Music: MIA Down In MIA - George Strait

INTRO: 16 - Restarts: 1, No tags

Count: 32

I. SCISSOR, KICK BALL CROSS; SIDE, TOUCH, KICK BALL CHANGE

- 1&2 Rock R side, recover to L, step R over
- 3&4 Kick L side, step L, step R over
- 5-6 Step L side, touch R together
- 7&8 Kick R forward, step on R ball, step L in place

II. FORWARD-ROCK, RECOVER, ½ R-TURN SHUFFLE; ½ R-TURN PIVOT, SHUFFLE

- 1-2 Rock R forward, recover to L
- 3&4 Making 1/4 turn right step side (3:00), step L together, making 1/4 turn right step R forward (6:00)
- 5-6 Making ¹/₂ turn right step L forward (12:00), weight to R
- 7&8 Step L forward, step R together, step L forward
- Restart here during wall 7 facing 6:00

III. ¼ R-TURN JAZZ BOX; KICK BALL SIDE-POINT, TOGETHER, SIDE-POINT, TOUCH

- 1-4 Step R over, step L back, making 1/4 turn right step R side, step L forward
- 5&6 Kick R forward, step R in place, point L side
- &7-8 Step L together (&), point R side (7), touch R together (8)

IV. BACK-ROCK, RECOVER, SHUFFLE; ROCK HIPS LRL, TOUCH

- 1-2 Rock R back, recover to L
- 3&4 Step R forward, step L together, step R forward
- 5-8 Rock hips to the side L R L, touch R together

REPEAT

RESTART: During wall 7 facing 6:00 after 16 counts.

END: Facing 12:00 after 12 counts (1-2 3&4 of Section II). Step L forward on count 4 for pose.

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Last Update: 6 Jun 2024





Wall: 4