

Heimlich nach Dir geseht

COPPER KNOB
STEPSHEETS

Count: 64

Wall: 4

Level: High Beginner

Choreographer: Yura Kim (KOR) - May 2024

Music: Heimlich nach dir geseht - Wolkenfrei



Start on the Lyric (Start at approx. 32 secs)

No Tag & No Restart

SEC 1 [1-8] WARK (R-L-R), HITCH, STEP WITH BODY ROLL

- 1, 2 Step RF fwd, Step LF fwd
- 3, 4 Step RF fwd, LF back stepping hitch R knee
- 5&6, 7, 8 Toch RF in Place with body roll(4 counts) (12:00)

SEC 2 [9-16] SWIVEL * 4, JAZZ BOX 1/2 R

- 1, 2 RF Back Stepping Swivel LF toe out, LF Back Stepping Swivel RF toe out
- 3, 4 Repeat(1,2)
- 5, 6 Cross RF over LF, Turn 1/4 R Stepping LF Back (3:00)
- 7, 8 Turn 1/4 R Stepping RF Side, Toch LF beside RF (6:00)

SEC 3 [17-24] FWD RECOVER, SIDE RECOVER, L SAILOR, Cross Samba

- 1, 2 Rock LF fwd, Recover weight on RF
- 3, 4 Step LF to L, Recover on RF
- 5&6 Step LF Back, Step RF to R, Step LF to L
- 7&8 Cross R over L, Rock L to left side, recover R

SEC 4 [25-32] JAZZ BOX 1/4 L, L CHASSE, R COASTER

- 1, 2 Cross LF over RF, Turn 1/4 L Stepping RF Back(3:00)
- 3&4 Side LF to L, Step RF next to LF, Side LF to L
- 5, 6 Rock RF fwd, Recover weight on LF
- 7&8 Step RF back, step LF together, step RF fwd (3:00)

SEC 5 [33-40] L SIDE, TOGETHER, FWD LOCK STEP, R SIDE, L TOCH

- 1, 2 Step LF to L, Step RF next to LF
- 3, 4 Step LF Fwd, Rock cross RF behind LF
- 5&6 Step LF fwd, Step RF behind LF, Step LF Fwd
- 7, 8 Step RF to R, Toch LF next to RF (3:00)

SEC 6 [41-48] TURN 1/4 L, TOCH, SIDE TOGETHER, CROSS ROCK, CROSS SHUFFLE

- 1, 2 Turn 1/4 L Stepping LF Side, Toch RF next to LF (12:00)
- 3, 4 Step RF to R, Step left together(weight on left)
- 5, 6 Cross RF over LF, Rock LF Behind RF
- 7&8 RF Cross over LF, LF Beside RF, RF Cross over LF

SEC 7 [49-56] 1/4 L TURN FWD, FWD LOCK STEP, STEP R MAMBO WITH HIP ROLL, TOGETHER(R), TOCH(L)

- 1, 2 Turn 1/4 L Stepping Fwd on LF, Rock cross RF behind LF (9:00)
- 3&4 Step LF fwd, step RF behind LF, step LF fwd
- 5, 6 Step RF to R side while rolling hips clockwise, Recover weight L
- 7, 8 Step RF beside LF, Toch LF next to RF

SEC 8 [57-64] R COASTER, HIP SWAY(R-L-R), TOCH(R)

- 1, 2 Rock LF fwd, Recover weight on RF
- 3&4 Step LF back, step RF together, step LF fwd (3:00)

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Step RF to R side with HIP SWAY(R-L-R), Toch RF beside LF(weight on left)(9:00)
