Beer Polka



Wall: 4 Count: 32 Level: Improver Choreographer: Ivan Rundgren (SWE) - 1 May 2024 Music: In Heaven There Is No Beer (Demonstration Version - Includes Lead Singer) SLOWER MUSIC FOR TEACHING THE DANCE: In Heaven There Is No Beer · Rolling Tunes Intro:32 C no tag! Intro: 40C, ONE 8C TAG AFTER WALL 5, TOE STRUTS JAZZ BOX 10 walls duration 2,16 minutes SEC. 1 R CHASSÉ – BACK ROCK – KICK BALL CROSS X 2 1 & 2 Step R to R side (1) step L beside R (&) step R to R side (2) 3 - 4Step L behind R (3) recover to R (4) Kick L diagonal fwd (5) step on ball of L (&) cross step R over L (6) 5 & 6 7 & 8 Kick L diagonal fwd (7) step on ball of L (&) cross step R over L ((8) SEC. 2 L CHASSÉ - BACK ROCK - TOES AND HEELS SWIVELS AND TOUCHES traveling to R side 1 & 2 Step L to L side (1) step R beside L (&) step L to L side (2) 3 - 4Step R behind L (3) recover to L (4) 5 - 6Swivel L heel to R and touch R toe beside L heel (5) swivel L toe to center and touch R heel beside L (6) 7 - 8Swivel L heel to R and touch R toe beside L heel (7) swivel L toe to center and touch R heel beside L (8) SEC. 3 R ROLLING VINE W/A TOUCH - L ROLLING VINE W/A STOMP 1 - 21/4 turn R stepping fwd R (1)1/4 turn R stepping L to L side(2) 3 - 41/4 turn R stepping R to R side (3) touch L beside R (4) 5 - 61/4 turn L stepping fwd L (5) 1/4 turn L stepping R to R side(6) 7 - 81/4 turn R stepping L to L side (7) stomp R beside L (8) SEC. 4 WALK FWD L R - FWD L SHUFFLE - PIVOT 1/2 - STEP - CLAP - 1/4 TURN L STOMP L - CLAP 1 - 2Step fwd L (1)step fwd R (2) 3 & 4 Step fwd L (3) step R beside L (&) step fwd L (4) 5 - 6Step fwd R (5) pivot 1/2 turn L (6) weight ends on L foot 7 & 8 & Step fwd R (7) clap (&) 1/4 turn L and stop L (8) Clap (&) weight ends on L foot OPTION SUGGESTION FOR SECTION 3: R VINE W/A TOUCH, L VINE W/A STOMP CHOREOGRAPHERS NOTE: CONTRA DANCE CHALLENGE! IF YOU LIKE THE DANCE YOU CAN ALSO DANCE IT AS A CONTRA DANCE BUT YOU NEED TO CHANGE THE LAST TWO COUNTS TO FOLLOWING: STOMP R (7), CLAP (&), STOMP L(8), CLAP(&), IT WILL IT TO A 2 WALLS DANCE. ENJOY!

Start over again!

Please like and subscribe ☐ Have fun & happy dancing, hugs from Sweden ☐ Contact: ivan.rundgren@gmail.com