I Blame You



Count: 32 Wall: 4 Level: Intermediate

Choreographer: Garrett Dean (USA) - May 2024

Music: I Had Some Help (feat. Morgan Wallen) - Post Malone



Beginning on the right foot (counter-clockwise), line dance with 1 restart and 1 tag

1,2 & 3 & 4 (R) Side step, (L) behind cross, (R) side step, (L) heel touch, (L) plant, (R) cross 5, 6 & 7 & 8 (L) Side step, (R) behind cross, (L) side step, (R) heel touch, (R) plant, (L) cross

9, 10, 11 & 12 (R) Rock – Recover, (RLR) triple step half turn (6:00 wall)

13, 14, 15, 16 (L) Rock – Recover, (Left foot behind) Unwind ¾ turn (9:00 wall, also new wall)

*** Restart on wall 4, count 16 into Wall 5.

17, 18, 19 & 20 (R) Forward kick - side kick, (RLR) coaster step

21, 22, 23 & 24 (L) Forward kick - side kick, (LRL) coaster step

25, 26 & 27, 28 (R) Wizard step, (L) Wizard step

29, 30, 31, 32 (R) forward step half turn(6:00 new wall), (R) Monterey 1/2 Turn (12:00 new wall)

*** After First verse and refrain, the musical interlude will lead into 2nd verse after first 16 counts of the dance. After the rock – recover ¾ unwind, restart the dance from the top (Wall 4 on count 16 into wall 5, restart).

*** During the Bridge (lyrics of "It takes two to break a heart in two...") is where the tag starts (Wall 9, after completion of the 32-count dance)

1, 2, 3 & 4 (R) Walk - hold, (L) Walk - hold

5, 6, & 7 & 8 & (R) ½ jazz box, (R) plant (L) heel touch, (R) Heel touch, (R) plant

9 - 11 & 12 & (L) cross step, (R) side step, (L) plant (R) heel touch, (L) heel touch, (L) plant

13, 14, 15, 16 Paddle turn – pivot on left foot over left shoulder, (R) plant and turn x2 (6:00wall)

17, 18, 19, 20 (R) Walk - hold, (L) Walk - hold

21 - 23 & 24 & (R) ½ jazz box, (R) plant (L) heel touch, (R) heel touch, (R) plant

25 - 27 & 28 & (L) cross step, (R) side step, (L) plant (R) heel touch, (L) heel touch, (L) plant

29, 30, 31, 32 4 count hop, full turn

***return to full dance

Last Update: 27 May 2024