Ain't Your Mama



Count: 32 Wall: 4 Level: Beginner

Choreographer: Clare MCcorrisken (UK) - May 2024

Music: Ain't Your Mama - Jennifer Lopez



Section 1 - Point, point, flick, step, point, point, flick, step

1-4 point RF out to R side, touch RF forward, flick RF out on a slight diagonal angle to right and

step RF forward

5-8 point LF to L side, point LF forward, Flick LF out on a slight diagonal to L, step LF foot

forward

Section 2 - Side rock recover, cross shuffle, side Rock recover, cross shuffle

Rock out to R side on RF, recover weight on LF, cross RF over in front of LF and shuffle step Rock out to L side on LF, recover weight on RF, cross LF over in front of RF and shuffle step

Section 3 - Vine right, 1/4 vine left

1-4 Step RF to R side, Step LF behind RF, Step RF to R side, Touch LF next to RF.

5-8 step on LF as you make a quarter turn R (facing 3 o'clock), Step RF behind LF, Step LF to L

side, Touch RF beside LF

Section 4 - Step hold, ball step, touch. Step hold ball step, touch.

Step RF to R side and hold, Step LF next RF, Step RF to R side and touch LF next to RF
Step LF to L Side and hold, Step RF next to LF, Step LF to L side and touch RF next to LF

END OF DANCE.

Restarts:

Wall 2: Dance 16 counts and restart after the cross shuffle facing 3 o'clock Wall 5: Dance 16 counts and restart after the cross shuffle facing 12 o'clock