I Had Some Help



Count: 32 Wall: 4 Level: High Beginner

Choreographer: Stacey Snyder (USA) - May 2024

Music: I Had Some Help (feat. Morgan Wallen) - Post Malone



#32 count intro. *1 Restart—Wall 4 after 16 counts

Side Step Together, Shuffle Fwd., Side Step Touch, Side Step, ½ Turn

1-2 Step R to R side, Step L together with R

3&4 Shuffle Forward R, L, R

5-6 Step L to L side, Touch R toe behind L

7-8 Step R to R side, Turn ½ turn over L shoulder (keeping pressure on R) (6:00)

Side Step Together, Shuffle Fwd., Side Step Hold, Cross and Cross

1-2 Step L to L side, Step R together with L

3&4 Shuffle Forward L, R, L5-6 Step R to R side, Hold

7&8 Cross step L over R, Step R to R Side, Cross step L over R

*(Restart here during wall 4)

Side Rock, Cross and Cross, Side Step, 1/4 1/4 turn

1-2 Rock R to side, Recover onto L

3&4 Cross step R over L, Step L to L side, Cross step R over L

5-6 Step L to L side, Turn ¼ turn over R shoulder step R to R Side (9:00)

7-8 Turn ¼ turn R step L to L side (12:00), Turn ¼ turn over R shoulder step R to R side (3:00)

Vaudeville, Ball Change Heel, Long Side Step, Drag, Two Stomps

1&2 Cross step L over R, Step back onto R, L heel tap forward

&3-4 Ball Change L step then R, L heel tap forward
5-6 Long step L to L side, Drag R to meet L
7-8 Stomp R in place, Stomp L in place

Contact Stacey at linedancewithstacey@gmail.com

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