

# Second Minute Hour

**COPPER KNOB**  
STEPSHEETS

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Shane McKeever (N.IRE) - April 2024

Music: SECOND MINUTE HOUR - JORDY



**Intro: 16 Counts, Start at approx 7 secs**

## **SEC 1 Walk x3, Shuffle, Rock, ¼ Side Shuffle**

- 1-2-3 Step right forward, step left forward, step right forward  
4&5 Step left forward, step right beside left, step left forward  
6-7 Rock right forward, recover weight onto left  
8&1 Turn ¼ right step right to right, step left beside right, step right to right (3:00)

## **SEC 2 Hold, Ball Side, Hold, Ball ¼ Step, Step, ⅜ Pivot, Mambo Together**

- 2&3 Hold, step left beside right, step right to right  
4&5 Hold, step left beside right, turn ¼ right step right forward (6:00)  
6-7 Step left forward, pivot ⅜ right transferring weight on to right (10:30)  
8&1 Rock left forward, recover weight onto right, step left beside right

## **SEC 3 ¾ Curving Walk Walk Shuffle x2**

- 2-3 Turn ⅛ right step right forward, turn ⅛ right step left forward  
4&5 Turn ⅛ right step right forward, step left beside right, step right forward (3:00)  
6-7 Turn ⅛ right step left forward, turn ⅛ right step right forward (6:00)  
8&1 Turn ⅛ right step left forward, step right beside left, step left forward (7:30)

## **SEC 4 Step, ½ Pivot, ½ Back Shuffle, Back Rock, Recover Sweep, ⅛ Step**

- 2-3 Step right forward, pivot ½ left transferring weight on to left (1:30)  
4&5 Turn ¼ left step right to right, step left beside right, turn ¼ left step right back (7:30)  
6-7 Rock left back sitting on to left hip, recover weight onto right sweeping left from back to front  
8 Turn ⅛ right step left forward (9:00)

**Bridge Here on Wall 5, Add the following then continue the dance**

- 1-2 Touch right forward rolling hips forward over 2 counts  
3-4 Roll Hips back over 2 counts

## **SEC 5 Touch Hip Bumps, Back, Coaster Step, Step, ½ Pivot, Kick Out Out**

- 1-2 Touch right forward bumping hips forward, bump hips forward  
3 Step right back  
4&5 Step left back, step right beside left, step left forward  
6-7 Step right forward, pivot ½ left transferring weight on to left (3:00)  
8&1 Kick right forward, step right to right, step left to left

## **SEC 6 Hip Bumps, Side Shuffle Slide, Hold, Ball ⅛ Step, Step**

- 2-3 Bump hips right, bump hips left  
4&5 Step right to right, step left beside right, step right to right sliding left towards right  
6&7 Hold, step left beside right, turn ⅛ left step right forward, (1:30)  
8 Step left forward

## **SEC 7 ⅛ Side, ⅛ Cross, ⅛ Side, ⅛ Cross, ⅛ Side, Back Rock, Side Shuffle**

- 1-2 Turn ⅛ left step right to right, turn ⅛ left cross left over right (10:30)

**Styling Roll hips back**

- 3-4 Turn ⅛ left step right to right, turn ⅛ left cross left over right (7:30)

**Styling Roll hips back**

5-6-7 Turn  $\frac{1}{8}$  left step right to right, rock left behind left, recover weight onto right (6:00)  
8&1 Turn  $\frac{1}{8}$  right step left to left, step right beside left, step left to left

**SEC 8 Together, Together, Side, Together, Together, Step, Step, Full Spiral Turn, Step**

2&3 Step right beside left, step left beside right, step right to right  
4&5 Step left beside right, step right beside left, step left forward  
6-7-8 Step right forward, spiral full turn left hooking left over right, step left forward (6:00)

**Tag At the end of Wall 2**

**Rocking Chair**

1-2 Rock right forward, recover weight onto left  
3-4 Rock right back, recover weight onto left

**Last Update: 12 May 2024**

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