Tearin' Up My Heart

Count: 32 Choreographer: Gita Achmad (INA) - March 2024

Music: Tearin' Up My Heart - *NSYNC

Start Dance after 16 Count After vocal Intro #Restart on Wall 4 after 16 Count

Section 1 : Jazz Box Forward - Bart Simpson (R L)

- 1 2 Step RF over LF, Step LF backward
- 3 4 Step RF Beside LF, Step LF forward
- 5 6 Slide RF to right with elbow bent to L knee bent to R, close together with arm in L shape

Level: Beginner

7 – 8 Slide LF to left with elbow bent to R knee bent to L, close together with arm in L shape

Section 2 : Roger Rabbit (R L) - Walk Forward

- & 1 & 2 Swing RF back, Rock R back and hitching L, Rock L forward, Rock R back and hitching L
- & 3 & 4 Swing LF back, Rock L back and hitching R, Rock R forward, Rock L back and hitching R
- 5 6 Step R forward, step L forward
- 7 8 Step R Forward, step L Forward

Section 3 : Two step (RL) - Bobby Brown (RL)

- 1 2Step RF to R, Close LF to RF
- 3 4 Step LF to L, Close RF to LF
- 5&6 Jump with both feet open to R, rock body backward, push RH to L with closed hand
- 7 & 8 Jump with both feet open to L, rock body backward, push LH to R with closed hand

Section 4 : Two step , Rock, Pivot 1/4 turn, Pivot 1/2 turn

- 1 2 Step RF to R - Close LF to RF
- &3&4 Rock body backward, rock body forward, rock body backward, rock body forward
- 5 6 Step RF forward, turn 1/4 to L (9.00)
- 7 8 Step RF Forward, turn 1/2 to L (3.00)

Last Update - 7 May 2024 - R2





Wall: 4