

La Galleguita

Count: 32

Wall: 4

Level: Improver

Choreographer: Rob Fowler (ES) - May 2024

Music: La Galleguita - Alex Fox : (album: C'est La Vie)



Intro: 32 counts (approx. 16s)

S1: Walk R, Walk L, R Lock Fwd, Rock Fwd, Recover, Shuffle ¾ Turn L

- 1,2 Walk forward R, walk forward L
- 3&4 Step forward on R, lock L behind R (&), step forward on R
- 5,6 Rock forward on L, recover weight on R
- 7&8 Make ½ turn L stepping forward on L, step R next to L (&), make ¼ turn L stepping forward on L [3:00]

S2: Side Rock, Recover, Cross Shuffle, Side Rock, Recover With Flick, Cross Shuffle

- 1,2 Rock R out to R side, recover weight on L
- 3&4 Cross step R over L, step L to L side (&), cross step R over L
- 5,6 Rock L out to L side, recover weight on R and flick L out to L side
- 7&8 Cross step L over R, step R to R side (&), cross step L over R [3:00]

S3: Modified Rumba Box Forward

- 1,2 Step R to R side, step L next to R
- 3&4 Step forward on R, step L next to R (&), step forward on R
- 5,6 Step L to L side, step R next to L
- 7&8 Step back on L, step R next to L (&), step back on L

S4: Back Touch, Hold, Back Touch, Hold, Back Touch, Back Touch, Back Touch, Step With Flick

- &1,2 Step back on R (&), touch L toes slightly forward, hold
- &3,4 Step back on L (&), touch R toes slightly forward, hold
- &5 Step back on R (&), touch L toes slightly forward
- &6 Step back on L (&), touch R toes slightly forward
- &7 Step back on R (&), touch L toes slightly forward
- 8 Step L next to R and flick R back [3:00]

Start Over
