

Used To Be Young

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Tim Gauci (AUS) - April 2024

Music: Used To Be Young - Miley Cyrus



Begin dance 16 beats in – 1 x easy tag at the end of wall 2

[1-8] FWD, ½, ¼, CROSS, SIDE/DRAG, TOG, CROSS, SIDE/DRAG, BEHIND ¼, SIDE, BACK, ROCK, ¼

1&2&3&4& Step R fwd, making ½ turn R step L back (&), making ¼ turn R step R to R, cross L over R (&), step R to R dragging L towards R, step L next to R, cross R over L (&) 9:00

5&6&7&8& Step L to L dragging R towards L, step R behind L, making ¼ turn L step L fwd (&), step R to R, step L back/behind R (&), rock weight fwd onto R, making ¼ turn R step L back (&) 9:00

[9-16] ½/SWEEP, CROSS, TAP, BACK/SWEEP, BEHIND, SIDE, CROSS, ROCK, SIDE, ROCK, BEHIND/SWEEP, BEHIND, SIDE

12&3&4& Making ½ turn R step R fwd sweeping L from back to front, step L over R (bending L knee slightly), tap R toe behind L (&), step R back sweeping L from front to back, step L behind R, step R to R (&) 3:00

5&6&7&8& Cross L over R, rock weight back onto R (&), step L to L, rock weight onto R (&), step L behind R sweeping R from front to back, step R behind L, step L to L (&) 3:00

[17-24] CROSS, ROCK, ¼, STEP, ½, ½, ¼ SIDE/DRAG, BACK, ROCK, SIDE/DRAG, BEHIND, ¼ FWD

12&3&4& Step R over L, rock weight back onto L, making ¼ turn R step R fwd (&), step L fwd, making ½ turn L step R back, making ½ turn L step L fwd (&) 6:00

5&6&7&8& Making ¼ turn L step R to R side dragging L towards R, step L back/slightly behind R, rock weight fwd on R (&), step L to L dragging R towards L, step R behind L, making ¼ turn L step L fwd 12:00

[25-32] STEP, STEP, PIVOT ½, STEP, PIVOT ½, ½ BACK/SWEEP, BACK/SWEEP, BACK, TOG, FWD, TOG

12&3&4& Step R fwd, step L fwd, pivot ½ turn R (&), step L fwd, step R fwd, pivot ½ turn L (&) 12:00

5&6&7&8& Making ½ turn L step R back sweeping L from front to back, step L back sweeping R from front to back, step R back, step L tog (&), step R fwd, step L tog (&) 6:00

32 Beats Repeat dance in new direction

Tag at the end of wall 2 (facing 12:00) add the following two beats - walk fwd R, walk fwd L, and restart dance.

Finish dance facing front at beat 16& turn ¼ L to face front, big finish – step to the R and drag.

Enjoy :)

Last Update - 29 Apr. 2024 - R1