

Keep Going Up

COPPER KNOB
BY SHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Shirley Trinidad Stassi (USA) - April 2024

Music: Keep Going Up - Timbaland, Nelly Furtado & Justin Timberlake



No Tags/Restarts

Begins: After intro music lead in "I Keep Going" 3x's, then 2-8 counts

Section 1: Toe Heel, Toe Heel, Tap Front, Side, Together (switch) (Stepping Forward)

1-4 R-toe heel, L-toe heel

5-8 R-tap front, side, together

Section 2: Toe Heel, Toe Heel, Tap Front, Side, Together (Stepping Backward)

1-4 L-toe heel, R-toe heel

5-8 L-tap front, side, together

Section 3: Cross Rock, Tripple Side, Cross Rock, Triple Side

1,2 Cross R over L, Recover back on L

3&4 Triple Side (RLR)

5,6 Cross L over R, Recover back on R

7&8 Triple Side (LRL)

Section 4: Stomp, Clap (Hey), Stomp, Clap (Hey), Kick Ball Change, Pivot ¼ Turn L

1,2 R-Stomp, Clap & say "HEY"

3,4 L-Stomp, Clap & say "HEY"

5&6 R-Kick, R-Ball, L-Ball

7&8 R-Pivot ¼ turn left