

Trail Mix

Count: 32

Wall: 2

Level: Improver

Choreographer: Caz Robertson (UK) & Jane Lake (UK) - April 2024

Music: Trailerhood - Toby Keith



Intro: Slow 16 counts, start on vocals

Rocking chair, side, close, side shuffle

- 1-2 Rock back on right, recover on left,
- 3-4 Rock forward on right, recover on left
- 5-6 Step right to right, step left next to right
- 7&8 Step right to right, step left next to right, step right to right (12.00)

Coaster step, kick ball change, step ½ turn, stomp, stomp

- 9&10 Step back on left, step right next to left, step left forward
- 11&12 Kick right forward, step ball of right in place, step left in place (weight on left)
- 13-14 Step forward on right, pivot ½ turn left putting weight on left
- 15-16 Stomp right in place, stomp left in place (6.00)

Lindy, lindy

- 17&18 Step right to right, step left next to right, step right to right
- 19-20 Rock back on left, recover on right
- 21&22 Step left to left, step right next to left, step left to left
- 23-24 Rock back on right, recover on left (6.00)

Out, out, in, in, stomp, toe fan x 3

- 25-26 Step right forward to right diagonal, step left out to left diagonal
- 27-28 Step right in place, step left in place
- 29 Stomp right forward
- 30,31,32 Fan right toe out to right, fan right toe in to left, fan right toe out to right (6.00)

Start Again

Last Update: 1 Jun 2024
