

# Been Like This AB

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Annemaree Sleeth (AUS) - March 2024

Music: Been Like This - Meghan Trainor & T-Pain

or: Two Strong Hearts - John Farnham



**Split Floor to Harder Dances**

**No Tags Or Restarts**

**Written for the New Dancers at Sherbrooke U3a**

**This can be a 1 wall dance for brand new beginners or 4 wall**

**Intro: Counts 16 "OOwee" Dance Rotates Ccw**

## **S1 [1 – 8] OUT OUT BACK, BACK (V STEPS X 2 )**

- 1 – 2 Step Right Diag Forward, Step Left Diag Forward
- 3 – 4 Step Right Back, Step Left Beside Right
- 5 – 6 Step Right Diag Forward, Step Left Diag Forward
- 7 – 8 Step Right Back, Step Left Beside Right

## **S2 [9 – 16] SIDE TOGETHERS X 3 SIDE, TOUCH**

- 1 – 2 Step Right Side, Step Left Beside Right
- 3 – 4 Step Right Side, Step Left Beside Right
- 5 – 6 Step Right Side, Step Left Beside Right
- 3 – 4 Step Right Side, Touch Left Beside Right

**Dance Ends To The Front Here**

**Add Exaggerated Hips Movements on the 4 Side together**

## **S3 [17 -24] STEP TAP X 2 VINE ¼, BRUSH/TOUCH**

- 1 – 2 Step/Sway Left Side, Tap Right Heel In
- 3 – 4 Step/Sway Right Side, Tap Left Heel In
- 5 – 6 Step Left Side, Cross Right Slightly Behind Left
- 7 – 8 Turn ¼ Left Step Left Forward, Brush Ball of Right Foot Forward (9.00)

## **S4 [25 – 32] ROCKING CHAIR, DOUBLE HIPS RIGHT THEN LEFT**

- 1 – 2 Rock Right Forward, Recover Left
- 3 – 4 Rock Right Back, Recover Left
- 5 – 6 Step Right Side Bumping R Hips Twice
- 7 – 8 Step Left Side, Bumping L Hips Twice WGT L

**Ending. Facing 12.00 Dance up to sec 2, and Pose arms out to sides**

**Watch The Video on annemaree sleeth Youtube**

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**Last Update: 30 Mar 2024**