Supermen Express

Level: Low Intermediate

Choreographer: Daniel Exton (UK) - March 2024

Music: Starlight - The Supermen Lovers

S1: V-Step, Rock & Cross x2

Count: 32

- 1, 2 Right foot diagonally out, Left foot diagonally out
- 3, 4 Return Right, Return Left
- Rock Right to Right side, Recover onto Left, Cross Right over Left 5&6
- Rock Left to Left side, Recover onto Right, Cross Left over Right 7&8

S2: Side, Behind, Shuffle ¼, Step, ¼ turn, Cross, Point

- 1, 2 Right to Right side, Left behind Right
- 3&4 Right foot forward with 1/4 turn Right, Left foot behind Right, Right foot forward
- 5,6 Left foot forward, 1/4 turn Right
- 7,8 Cross Left over Right, Point Right to Right side

S3: Cross, Point, Kick Ball Change, (Point, Hitch and Twist) x4

- 1, 2 Cross Right over Left, Point Left to Left side
- 3&4 Kick Left foot, Left foot next to Right, Right foot next to Left (Weight on R)
- 5&6& (Point Left to Left side, Hitch Left foot while twisting your Right heel Left) x2
- 7&8 Point Left to Left side, Hitch Left while twisting Right, Point Left to Left side

S4: Behind, Unwind 1/2, Shuffle, Rock, Recover, Coaster 1/4

- Left foot behind Right, Unwind 1/2 turn Left 1, 2
- 3&4 Right foot forward, Left behind Right, Right foot forward
- 5, 6 Rock forward on Left, Recover onto Right
- 7&8 Left foot back with 1/4 turn Left, Right foot back, Left foot forward

Restarts: Wall 10 after 16 counts





Wall: 4