

# Hey Soul Sister

**COPPER** **NOB**  
BY STEPHEN

Count: 32

Wall: 2

Level: Beginner

Choreographer: Florian ARBELOT (FR) - March 2024

Music: Hey Soul Sister - Min



Intro: 16 counts

## SECTION 1: 2 WALKS FORWARD – MAMBO STEP – 2 WALKS BACK – COASTER STEP

12 Step forward on R (1) Step forward on L (2)  
3&4 Rock Mambo Forward on R (3) Recover on L (&) Step back on R (4)  
56 Step Back on L (5) Step Back on R (6)  
7&8 Step Back On L (7) Close R next to L (&) Step Forward on L (8)

## SECTION 2: CROSS ROCK – SHUFFLE TURN – CROSS ROCK – SHUFFLE TURN

12 Cross Rock R Over L (1) Recover on L (2)  
3&4 ¼ turn R Stepping R to R Side (3) Step L beside R (&) ¼ turn R Stepping R Forward (4)  
[06:00]  
56 Cross Rock L over R (5) Recover on R (6)  
7&8 ¼ turn L Stepping L To L Side (7) Step R Beside L (&) ¼ turn L Stepping L Forward (8)  
[12:00]

\*\*\* RESTART

## SECTION 3: CROSS ROCK – SWITCH – CROSS ROCK - SWITCH – STEP ¼ - CROSS SHUFFLE

12& Cross Rock R Over L (1) Recover on L (2) Step R to R Side (&)  
34& Cross Rock L Over R (3) recover on R (4) Step L to L Side (&)  
56 Step Forward on R (5) ¼ turn L stepping L to L Side (6) [9:00]  
7&8 Cross R Over L (7) Step L to L side (&) Cross R over L (8)

## SECTION 4: VINE L – WALKS ¾ TURN

1234 Step L to L side (1) Cross R Behind L (2) Step L to L side (3) Touch R Beside L (4)  
56 ¼ turn R stepping R Forward (5) ¼ turn R stepping L Forward (6) [03:00]  
78 ¼ turn R Stepping R Forward (7) Step L Forward (8) [06:00]

\*\*\*Restart wall 4 after 16 counts

HAVE FUN & KEEP YOUR SMILE ☐

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