

Push & Pull

Count: 32

Wall: 4

Level: Beginner

Choreographer: Dale Abnett (UK) - March 2024

Music: Pink Cadillac - Southern Pacific



[1-8] Grapevine Right with hitch, Grapevine Left with hitch

- 1-4 Step right to right side, step left behind right, right to right side, hitch left
5-8 Step left to left side, step right behind left, step left to left side, hitch right

[9-16] Walks back with hitch, walks forward with stomps

- 9-12 Walk back right, left, right, hitch left
13-16 Walk forward left, right, stomp left, stomp right

[17-24] Hand slaps, neck touches, slow roll

- 17-18 Slap right hand on right buttock, slap left hand on left buttock
19-20 Place right hand, palm facing outwards, on back of neck, place left hand, palm facing outwards on back of neck
21-24 Roll hips from left to right (counter clockwise) x 2

[25-32] Right heel taps x 2, right toe taps x 2, point forward, side, hook, ¼ turn

- 25-26 Tap right heel forward twice
27-28 Tap right toe back twice
29-32 Point right toe forward, point right toe to the side, hook right foot behind left & make a ¼ turn to the left

Start Again
