

Take It Back

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BY STEPHEN

Count: 16

Wall: 4

Level: Beginner / Improver

Choreographer: Cathy Snow (USA) - March 2024

Music: Take It All Back - Tauren Wells, We The Kingdom & Davies



Intro: Start immediately on vocals

[1-8] R TOE HEEL STOMP; L TOE HEEL STOMP; R KICK POINT L, L KICK, POINT R

1&2 Right toe heel stomp

3&4 Left toe heel stomp

5&6 Kick right foot forward, Step right, point left foot to left side

7&8 Kick left foot forward; Step left, point right foot to right side

[9-16] SHUFFLE BACK, ¼ TURNING SAILOR; FORWARD SHUFFLE R, L, R; SHUFFLE L, R, L

1&2 Shuffle Back R, L, R

3&4 ¼ turn L behind R; Step L to R side; Step R to L side

5&6 Shuffle forward R, L, R

7&8& Shuffle forward L, R, L

Variation: Instead of shuffles ([9-16] in steps (7&8) to complete dance, dance first shuffle, then turning shuffle L, R, L (weight ending on L) Restart dance.

Been choreographing country music and a couple of Bluegrass by Sister Sadie but fell in love with this song in Christian music genre.

Any questions: Cathy @ mrsno@email.com- no video as recently had TKR but any video appreciated. Thank you.

Last Update: 6 Mar 2024