

Past Life Cowgirl

COPPERKNOB
STEPSHEETS

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Maz Zahedi (UK) & Katie Angilletta (UK) - February 2024

Music: Past Life Cowgirl - Katie Rigby



Intro: 2 Counts. Start at approx. 2 secs

Sec 1: Rocking chair R, shuffle forward R, toe tap behind pivot ½ turn

1-2 Rock forward on R, recover on L
3-4 Rock back on R, recover on L
5-6 Step R forward, Step L together, Step R forward
7-8 Toe tap behind L pivot 1/2 turn transfer weight on L

Sec 2: Shuffle, rocking chair, step pivot ½ turn R

1-2 Step R forward, Step L together, Step R forward
3-4 Rock forward on L, recover on R
5-6 Rock back on L, recover on R
7-8 Step forward L pivot ½ turn R

Sec 3: L R heel dig, R L step, R L heel dig, L step, R touch

1&2 L heel dig forward, step L heel back, R heel dig forward
3-4 Step R next to L, step L next to R
5&6 R heel dig forward, step R heel back, L heel dig forward
7-8 Step L next to R, touch R next to L

Sec 4: Heel dig, toe tap, Grapevine R, slide L ¼ turn, scuff R

1-2 R heel dig forward, R toe tap
3-4 Step R to side, step L behind
5-6 Step R to side, touch L next to R
7-8 Step L to side ¼ turn, scuff R

Tags: After wall 4, 6 & 7

1-2 Rock forward on R, recover on L
3-4 Rock back on R, recover on L
5-6 Step R forward pivot ½ turn
7-8 Step R forward pivot ½ turn

Tag is repeated twice after wall 4 & 7 (16 count) and one after wall 6 (8 counts)