

# Past Life Cowgirl

**COPPERKNOB**  
STEPSHEETS

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Maz Zahedi (UK) & Katie Angilletta (UK) - February 2024

Music: Past Life Cowgirl - Katie Rigby



**Intro: 2 Counts. Start at approx. 2 secs**

**Sec 1: Rocking chair R, shuffle forward R, toe tap behind pivot ½ turn**

- 1-2 Rock forward on R, recover on L
- 3-4 Rock back on R, recover on L
- 5-6 Step R forward, Step L together, Step R forward
- 7-8 Toe tap behind L pivot 1/2 turn transfer weight on L

**Sec 2: Shuffle, rocking chair, step pivot ½ turn R**

- 1-2 Step R forward, Step L together, Step R forward
- 3-4 Rock forward on L, recover on R
- 5-6 Rock back on L, recover on R
- 7-8 Step forward L pivot ½ turn R

**Sec 3: L R heel dig, R L step, R L heel dig, L step, R touch**

- 1&2 L heel dig forward, step L heel back, R heel dig forward
- 3-4 Step R next to L, step L next to R
- 5&6 R heel dig forward, step R heel back, L heel dig forward
- 7-8 Step L next to R, touch R next to L

**Sec 4: Heel dig, toe tap, Grapevine R, slide L ¼ turn, scuff R**

- 1-2 R heel dig forward, R toe tap
- 3-4 Step R to side, step L behind
- 5-6 Step R to side, touch L next to R
- 7-8 Step L to side ¼ turn, scuff R

**Tags: After wall 4, 6 & 7**

- 1-2 Rock forward on R, recover on L
- 3-4 Rock back on R, recover on L
- 5-6 Step R forward pivot ½ turn
- 7-8 Step R forward pivot ½ turn

**Tag is repeated twice after wall 4 & 7 (16 count) and one after wall 6 (8 counts)**

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