

Alabama (AB)

Count: 22

Wall: 2

Level: Absolute Beginner



Choreographer: Unknown

Music: Nothin' 'Bout Love Makes Sense - LeAnn Rimes

or: Shortenin' Bread - The Tractors

or: He Drinks Tequila - Lorrie Morgan & Sammy Kershaw

Note: We dance this version of Alabama with Stompin' Sue and the Other Ones at St. Jude's in Hopatcong, NJ.

It is an Absolute Beginner dance. Choreographer is unknown but we have been dancing it for years.

Section 1: Heel Touches (R, L, R, L)

- 1-2 Touch Right Heel forward. Bring Right foot back and take weight.
- 3-4 Touch Left Heel forward. Bring Left foot back and take weight.
- 5-6 Touch Right heel forward. Bring Right foot back and take weight.
- 7-8 Touch Left Heel forward. Bring Left foot back and take weight.

Section 2: Shuffle R, Shuffle L, Shuffle R, Shuffle L

- 9-10 Right shuffle forward.
- 11-12 Left shuffle forward.
- 13-14 Right shuffle forward.
- 15-16 Left shuffle forward.

Section 3: Rolling Grapevine Right With Half-Turn, Right Behind Left, Left to Left

- 17-20 Grapevine Right with a half-turn over Right Shoulder.
- 21-22 Right behind Left. Left foot to left and take weight.

REPEAT
