

Mmbop AB

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Sylvia Triwidijatsih (INA) - February 2024

Music: MMMBop 2.0 - Busted & Hanson



Intro 32 count

Restart on wall 5 after 16 count

SECT 1 : FORWARD-HITCH-SHUFFLE-FORWARD-HITCH-SHUFFLE

- 1-2 Step forward on R, Hitch L
- 3&4 Step forward on L, Step R beside L, Step forward on L
- 5-6 Step forward on R, Hitch L
- 7&8 Step forward on L, Step R beside L, Step forward on L

SECT 2 : FORWARD-POINT-BACKWARD-POINT-SHUFFLE

- 1-2 Step forward on R, Point L to left side
- 3-4 Step back on L, Point R to right side
- 5-6 Step back on R, Point L to left side
- 7&8 Step back on L, Step R beside L, Step back on L

***Restart on Wall 5 after 16 count**

SECT 3 : ROCKING CHAIR-SIDE-BACK TOUCH

- 1-2 Rock back on R, Recover on L
- 3-4 Forward rock on R, Recover on L
- 5-6 Step R to right side, Touch L behind R
- 7-8 Step L to left side, Touch R behind L

SECT 4 : FORWARD-TOUCH-BACK-TOUCH-TURN-SIDE-TOUCH

- 1-2 Step forward on R to right diagonal, Touch L beside R
- 3-4 Step back on L to centre, Touch R beside L
- 5-6 1/4 turn right step R to right side, Touch L beside R
- 7-8 Step L to left side, Touch R beside L

Enjoy the dance □□□

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