

# In My Zone

**COPPER KNOB**  
STEP SHEETS

**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Darri Thomas (USA) & GameOva Skip (USA) - January 2024

**Music:** In My Zone (feat. Eazy Harbor & DJ Dnyce) - Roi "Chip" Anthony & Mr. Cheeks :  
(Clean Version)



**Intro: 16 counts after music begins**

## **RIGHT LOCK TRIPLE STEP, LEFT LOCK TRIPLE STEP**

1-2-3-&-4 Step R fwd (1), Lock L behind R (2), Step R fwd (3), Step L beside R (&), Step R fwd (4)

5-6-7-&-8 Step L fwd (5), Lock R behind L (6), Step L fwd (7), Step R beside L (&), Step L fwd (8)

## **HIP ROLLS, RIGHT/COUNTERCLOCKWISE, LEFT/CLOCKWISE, RIGHT/COUNTERCLOCKWISE**

1-2-3-4 Hip Rolls right/counterclockwise (1-2), Hip Rolls left/clockwise (3-4)

5-6-7-8 Hip Rolls right/counterclockwise (5-6-7) ¼ Turn Left (8)

## **STEP R FWD, PIVOT LEFT ½ TURN, STEP R FWD, PIVOT LEFT ½ TURN, SWAY BODY DOWN**

1-2-3-4 Step Right fwd (1), Pivot ½ turn left (2), Step R fwd (3), Pivot ½ turn left (4)

5-6-7-8 Sway body down toward floor

## **SWAY BODY UP, STEP TOUCH, STEP TOUCH**

1-2-3-4 Sway body up to standing position

5-6-7-8 Step R to side (5), touch L beside R (6), step L to side (7), touch R beside L (8)

**Have Fun!**

**Contact - Darri Thomas:** [sosuwithladyd@gmail.com](mailto:sosuwithladyd@gmail.com)

**Step Sheet prepared/submitted by Answorth Robinson:** [agrark@aol.com](mailto:agrark@aol.com)

**Last Update – 31 Jan. 2024 – R1**

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