

# Hidup Cuma Sekali

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Indri Widi (INA) - January 2024

Music: Hidup Cuma Sekali



## #Start on vocal

### SEC I . DIAGONAL TOUCH FWD WITH HIPS 2X , BEHIND SIDE FORWARD (R-L)

- 1&2& Step RF diag touch fwd with Hips L in place , hips diag fwd right , L in place  
3& 4 Step RF behind L , L beside R , Rf fwd  
5&6& Step LF diag touch fwd with Hips, L in place , hips diag fwd left  
7&8 Step Lf behind R , R beside L , L fwd

### SEC II . VOUNDEFILLE (R-L) , DIAMOND STEP TURN RIGHT ¼ WITH HITS

- 1&2& Step Rf cross over L , L beside R, Rf hills in place , RF step in place  
3&4 Step Lf cross over R , RF to side , Lf hills in place , Lf step in place  
5&6& Step RF cross over L , Lf to side , Rf back 1/8 right L hits ,  
7&8. Step Lf back , RF 1/8 right to side ,Lf fwd

## #Restart here on wall 3 after 16 count

### SECT III . FORWARD MAMBO , BACK MAMBO , SIDE MAMBO (R-L)

- 1&2 Step RF fwd ,recover on L , Rf close L  
3&4 Step Lf back , recover R , Lf clos R  
5&6 Step RF to side , recover on L , Rf close L  
7&8 Step Lf to side , recover on R , Lf close R

### SECT IV . CROSS SHUFFLE LEFT TURN , LEFT ½ , CROSS SHUFFLE ,SAMBA WHISK

- 1 & 2 Step RF cross over L , Lf to side Rf cross L  
3 & 4 Step Lf turn left ½ cross over R RF to side , Lf cross over R  
5&6 Step R to side, L back recover on R  
7 & 8 Step L to side, L back recover on L
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