

Ru Guo Jiu Zhe Me Lao Le 如果就這麼 老了

COPPERKNOB
STEPSHEETS

Count: 32

Wall: 2

Level: Absolute Beginner

Choreographer: Nina Chen (TW) - January 2024

Music: Ru Guo Jiu Zhe Me Lao Le (如果就這麼老了) (DJ何鵬版) - Guang Qiu Li (廣秋里)



Intro: 32 counts, No Tag ! No Restart !!

Sec1: SIDE - TOGETHER - SIDE - TOUCH, (L & R) SIDE - TOUCH BEHIND

1-4 Step Rf to R - Step Lf beside Rf - Step Rf to R - Touch Lf beside Rf
5-8 Step Lf to L - Touch Rf behind Lf - Step Rf to R - Touch Lf behind Rf

Sec2: SIDE - TOGETHER - SIDE - TOUCH, (R & L) SIDE - TOUCH BEHIND

1-4 Step Lf to L - Step Rf beside Lf - Step Lf to L - Touch Rf beside Lf
5-8 Step Rf to R - Touch Lf behind Rf - Step Lf to L - Touch Rf behind Lf

Sec3: CHARLESTON (x2)

1-4 Step Rf fwd - Touch Lf heel fwd - Step Lf back - Touch Rf toe back
5-8 Step Rf fwd - Touch Lf heel fwd - Step Lf back - Touch Rf toe back

Sec4: ROCKING CHAIR 1/4 R (x2)

1-4 Rock Rf fwd - Recover on Lf - 1/4 turn R (3:00) rock Rf back - Recover on Lf
5-8 Rock Rf fwd - Recover on Lf - 1/4 turn R (6:00) rock Rf back - Recover on Lf

Have Fun & Happy Dancing !!!

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