

# Beat Up Carhartt

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Emory Ambrosio (USA) - January 2024

Music: Beat Up Carhartt - David Morris



## Heel swivel, Recover, Step, Kick-ball-change - Lock-step, Triple-step

- 1-2 Step right heel to the right  $\frac{1}{4}$  turn heel swivel over the left shoulder, recover on left foot  
&3&4 step right foot back, kick left foot, step left foot back, step right foot forward  
5-6 Step left foot forward, lock step right foot behind  
7&8 Triple step forward on left foot

## Kick & points, Stomps & Kick turn

- 1&2 Kick right foot forward & point left toe out  
3&4 Kick left foot forward & point right toe out  
5-6 Stomp right foot twice  
7-8 Stomp left foot, kick left foot out with  $\frac{1}{4}$  turn left

## Step-ball-change, Triple-step, Rock, Recover, Triple-step half-turn

- 1&2 Step left foot back, ball change right foot back left foot forward  
3&4 Triple step forward on the right foot  
5-6 rock forward on the left foot, recover on the right foot  
7&8 triple step left foot with a  $\frac{1}{2}$  over left shoulder

## Quarter turn, grapevine right, Grapevine left with brush turn

- 1-2 Step Right Foot to Right Side with  $\frac{1}{4}$  turn right, Step Left Foot behind Right Foot  
3-4 Step Right Foot to Right Side. Touch Left Foot next to Right Foot  
5-6 Step Left to Left Side, Step Right Foot behind Left Foot  
7-8 Step Left Foot  $\frac{1}{4}$  turn left, Brush your Right Foot Forward  $\frac{1}{4}$  turn left

**NOTE: the brush quarter turn connects to the heel swivel quarter turn to start the dance over. In total, you will do  $\frac{3}{4}$  turn between the grapevine and the heel swivel.**

Last Update: 16 Jan 2024