

# Keep Going Up

Count: 32

Wall: 4

Level: Beginner

Choreographer: Penny Tan (MY) - December 2023

Music: Keep Going Up - Timbaland, Nelly Furtado & Justin Timberlake



Intro 16C after heavy beat (on vocal "on")

\*No tag No restart

**SEC1: WALK FWD R-L , 1/4 TURN L SIDE ROCK, 1/4 TURN R RECOVER , TOGETHER , 1/4 TURN R , SIDE ROCK , 1/4 TURN L , RECOVER , TOGETHER , WALK BACK R-L**

1-2 Walk fwd R , walk fwd L  
3&4 1/4 turn L , rock RF to R , 1/4 turn R , recover on L , step RF next to LF  
5&6 1/4 turn R , rock LF to L , 1/4 turn L , recover RF on R , step LF next to RF  
7-8 Walk back R , walk back L

**SEC2: VINE, L ROLLING VINE**

1-2 Step RF to R , Step L behind RF  
3-4 Step RF to R , point to L side  
5-6 1/4 turn L step LF fwd (9:00), 1/2 turn L step RF backward(3:00)  
7-8 1/4 turn L step LF to L side(12:00), touch RF beside LF

**SEC3: SAILOR STEP , 1/4 TURN L SAILOR STEP , SKATE**

1&2 Cross RF behind LF , step LF to L , step RF on R  
3&4 1/4 turn L , sweep LF behind RF , step RF next to LF , step LF fwd  
5-8 Skate fwd R-L-R-L

**SEC4: 1/2 TURN R WALK , MAMBO , FWD SHUFFLE**

1-4 Walk 1/2 turn R (R-L-R-L)  
5&6 Rock RF to R , recover on L , step RF next to LF  
7&8 Fwd shuffle L-R-L

Have fun and happy dancing!

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