

Spirits and Demons

Count: 48

Wall: 2

Level: Intermediate

Choreographer: Brenda Shatto (USA) - October 2023

Music: Spirits and Demons (feat. Meghan Patrick) - Michael Ray



Notation: 12 count tag after wall 3 facing 6:00. See description below.

Intro: 24 counts, weight on R, start on the word "goodbyes"

[1-6] Step L diagonal, R back twinkle

123 Long step forward on L to left diagonal slowly drawing R in part of the way (10:30)
456 Cross R behind L, step L to left, step R next to left

[7-12] Cross L back & Sweep R, R basic ¼ turn right

123 Cross L Back as you sweep R front to back starting ¼ turn right
456 Step R back as you finish ¼ turn right, step L beside R, small step forward R (3:00)

[13-18] Forward L, slow kick R, back R, hook L

123 Step forward L, developé kick with R (lift from knee then straighten leg) over 2 counts
456 Step R back, hook L across R over 2 counts

[19-24] Forward L, R, pivot ½ left, Forward R, full spiral turn left

123 Step forward L, forward R, turn ½ left taking weight L (9:00)
456 Step forward R with prep & soft bend in knees, spiral full turn left on R & hook L over R* (2 counts)

*No turn (5-6): Brush L forward, hook L across R

[25-30] ½ turn left Fallaway

123 Turn ⅛ left step L forward (7:30), turn ⅛ left step R to right, turn ⅛ left step L back (4:30)
456 Step R back, turn ⅛ left step L to left, turn ⅛ left step R across L (1:30)

[31-36] ⅜ turn left Fallaway

123 Step L forward, turn ⅛ left step R to right, turn ⅛ left step L back (10:30)
456 Step R back, turn ⅛ left step L to the left, step R across L (9:00)

[37-42] Point, hold, ¼ turn left small step forward, point, hold, cross

123 Point L to left, hold, slide/step L across and in front of R as you turn ¼ left (6:00)
456 Point R to right, hold, cross R over L

[43-48] Side, cross, hold, unwind full turn left

123 Step L to left, cross R over L (hit the strong beats), hold
456 Unwind full turn left- weight ends R (6:00) *No turn: step/sway L to left, recover to R & tap L next to R

Tag after wall 3 facing 6:00

1-12 L sway forward, recover R, L sway back, recover R (Think slow-swaying rocking chair)
123 Step and sway slowly forward to L diagonal (4:30), 456 slowly recover/sway to R
123 Step L back and sway slowly backward to L (4:30), 456 slowly recover/sway to R

Ending- Wall 10 starts at 6:00. Dance through count 18 facing 9:00 and do the following:

1-2 Make ¼ turn right and step L out to left, step R out to right

