

Pick Up Man

Count: 152

Wall: 0

Level: Phrased Advanced

Choreographer: Luke Shrimpton (UK) - November 2023

Music: Pickup Man - Joe Diffie



Intro: 16 Counts – Start on Lyrics

Order: A,Tag,A,B,A,B,C,B

PART A: 48c

[1-8] Weave R, Side Shuffle R, Rock, Recover

- 1-4 Step right to right side, Step left behind right, Step right to right side, Cross left foot over right
4&6 Step right to right, Step left next to right, Step right to right
7,8 Rock back on left foot, Recover weight onto right

[9-16] ¼ Shuffle Left, ¼ Side Shuffle Right, ½ Side Shuffle Left, Stomp R,L

- 9&10 Step left foot forward ¼ turn left, Step right to left, Step left foot forward
11&12 Step right foot to right side turning ¼ turn left, Step left to right, step right to right side.
13&14 Step left to left side turning a ½ turn left, step right together, step left to left
15,16 Stomp right in place, Stomp left in Place

[17-24] R Heel, Side, R Behind and Cross, L Heel, Side, L Behind and Cross

- 17,18 Place right heel in front, place right heel to right side
19&20 Right behind left, left to left side, cross right in front of left
21,22 Place left heel forward, place left heel to left side
23&24 Left behind right, right to right side, cross left in front of right.

[25-32]: Toe Strut R,L, Step, Pivot ¼ Left, Step, Pivot ¼ Left,

- 25,26 Place right toe forward, drop weight on to right heel
27,28 Place left toe forward, drop weight on to left heel
29,30 Step right foot forward, turn ¼ left putting weight onto left
31,32 Step right foot forward, turn ¼ left putting weight onto left

[33-40] Weave L

- 33-36 Cross right over left, Step left to left, Step right behind right, step left to left,
37-40 Cross right over left, Step left to left, Step right behind right, step left to left,

[41-48] Jazz-box ¼ R, Step, Pivot ½, Step, Pivot ½,

- 41-44 Cross right over left, step back on left step right ¼ to right, step left next to right.
45,46 Step right foot forward, pivot ½ turn to left putting weight onto left foot
47,48 Step right foot forward, pivot ½ turn to left putting weight onto left foot

Tag:

[1-8] Rocking chair R x2

- 1-4 Rock weight forward on to right foot, Recover weight back on to left, Rock weight back on
right, Recover weight forward on to left
5-8 Rock weight forward on to right foot, Recover weight back on to left, Rock weight back on
right, Recover weight forward on to left

Part B: 80c

[1-8] Side shuffle right, ¼ Side Shuffle L, ¼ Side Shuffle R, ½ Shuffle Forward L

- 1&2 Step right to right, Step left next to right, Step right to right side
3&4 Step left to left while turning ¼ left, step right next to left, step left to left side
5&6 Step right to right while turning ¼ left, step left to left, step right to right side

7&8 Step left foot forward turning ½ turn left, step right next to right, step left foot forward.

[9-16]: R Kick & Touch & Heel & Touch & 3 x Heel dig ¼ turn, Hitch ,

9&10 Kick right foot forward, put weight on right, Touch left behind right

&11& Step onto left, place right heel forward, step onto right,

12& Touch left toe behind right, step onto left

13-15 Touch right heel forward, touch right heel forward while turning 1/8 turn right, touch right heel forward while turning 1/8 turn right.

16 Hitch right

[17-24] R Sailor, L Sailor, R Behind, Unwind ½ turn, Side shuffle R

17&18 Step right behind left, step left to left side, step right to right side

19&20 Step left behind right, step right to right side, step left to left side

21,22 Step right behind left, unwind ½ turn right putting weight onto left

23&24 Step right to right side, step left to right, step right to right side

[25-32] L Cross Rock, Recover, L Shuffle ¼ Turn, Step, Pivot ½ turn, Walk R,L

25,26 Cross rock left over right, Recover weight on to right

27&28 Step left foot forward ¼ left, step right to left, step left foot forward

29,30 Step forward on right foot, Pivot ½ turn left putting weight on left

31,32 Step forward right, Step forward left

[33-40] Side shuffle right, ¼ Side Shuffle L, ¼ Side Shuffle R, ½ Shuffle Forward L

33&34 Step right to right, Step left next to right, Step right to right side

35&36 Step left to left while turning ¼ left, step right next to left, step left to left side

37&38 Step right to right while turning ¼ left, step left to left, step right to right side

39&40 Step left foot forward turning ½ turn left, step right next to right, step left foot forward.

[41-48]: R Kick & Touch & Heel & Touch & 3 x Heel dig, Hitch ,

41&42 Kick right foot forward, put weight on right, Touch left behind right

&43& Step onto left, place right heel forward, step onto right,

44& Touch left toe behind right, step onto left

25-47 Touch right heel forward, touch right heel forward but not as far forward, touch right heel in place

48 Hitch right

[49-56] R Rock Forward, Recover, R Rock to R, Recover, Step in place R,L, Bounce Heels x2

49,50 Rock right forward, recover weight on left

51,52 Rock right to right, recover weight on left

53,54 Step right in place, Step left in place

55,56 Bounce both heels twice

[57-64] L Rock Forward, Recover, L Rock to L, Recover, Step in place L,R, Bounce Heels x2

57,58 Rock left forward, recover weight on right

59,60 Rock left to left, recover weight on right

61,62 Step left in place, Step right in place

63,64 Bounce both heels twice

[65-72] L Rock Back, Recover, L Rock to L, Recover, Step in place L,R, Bounce Heels x2

65,66 Rock left back, recover weight on right

67,68 Rock left to left, recover weight on right

69,70 Step left in place, Step right in place

71,72 Bounce both heels twice

[73-80] R Rock Back, Recover, R Rock to R, Recover, Step in place R,L, Bounce Heels x2

73,74 Rock right back, recover weight on left
75,76 Rock right to right, recover weight on left
77,78 Step right in place, Step left in place
79,80 Bounce both heels twice

Part C: 24c

[1-8] R Kick, Ball, Cross x2, Rock R to R, Recover, Behind, Side Cross

1&2 Kick right to right, step weight onto right, Cross left over right
3&4 Kick right to right, step weight onto right, Cross left over right
5,6 Rock right to right, Recover the weight on to left
7&8 Step right behind left, Step left to left side, Step right across left.

[9-16] L Kick, Ball, Cross x2, Rock L to L, Recover, Behind, Side Cross

9&10 Kick left to left, step weight onto left, Cross right over left
11&12 Kick left to left, step weight onto left, Cross right over left
13,14 Rock left to left, Recover the weight on to right
15&16 Step left behind right, Step right to right side, Step left across right.

[17-24] Step R Forward, Pivot ¼ L x4

17,18 Step right foot forward, Pivot ¼ left putting weight on to left
19,20 Step right foot forward, Pivot ¼ left putting weight on to left
21,22 Step right foot forward, Pivot ¼ left putting weight on to left
23,24 Step right foot forward, Pivot ¼ left putting weight on to left
