

# Chase The Tide

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Hayley Wheatley (UK) & Nathan Gardiner (SCO) - October 2023

Music: I Feel It In The Wind - Smith & Thell



Intro: 16 counts

## Rock Forward, Recover, Coaster Step, Rock Forward, Recover, Shuffle $\frac{3}{4}$ L

- 1-2 Rock forward on R, Recover on L
- 3&4 Step back on R, Step L next to R, Step forward on R
- 5-6 Rock forward on L, Recover on R
- 7&8 Shuffle  $\frac{3}{4}$  L stepping L, R, L (3:00)

## Kick Ball Cross, Kick Ball Cross, Chasse R, Rock Back, Recover

- 1&2 Kick R to R diagonal, Step R next to L, Cross L over R
- 3&4 Kick R to R diagonal, Step R next to L, Cross L over R
- 5&6 Step R to R side, Step L next to R, Step R to R side
- 7-8 Rock back on L, Recover on R

## Dorothy Steps L & R, Rock Forward, Recover, $\frac{1}{2}$ L, $\frac{1}{2}$ L

- 1-2& Step L to L diagonal, Lock R behind L, Step forward on L
- 3-4& Step R to R diagonal, Lock L behind R, Step forward on R
- 5-6 Rock forward on L, Recover on R
- 7-8  $\frac{1}{2}$  L stepping forward on L,  $\frac{1}{2}$  L stepping back on R (3:00)

## $\frac{1}{4}$ L into Chasse L, Behind, Side L, Scuff, Cross, Step Back, Side R Step

- 1&2  $\frac{1}{4}$  L stepping L to L side, Step R next to L, Step L to L side (12:00)
- 3-4 Step R behind L, Step L to L side
- 5-6 Scuff R forward, Cross R over L
- 7-8 Step back on L, Step R to R side

## Step Pivot $\frac{1}{2}$ R, Step $\frac{1}{4}$ R, Touch, Side R, Touch, Kick Ball Cross

- 1-2 Step forward on L, Pivot  $\frac{1}{2}$  R (6:00)
- 3-4  $\frac{1}{4}$  R stepping L to L side, Touch R next to L (9:00)
- 5-6 Step R to R side, Touch L next to R
- 7&8 Kick L to L diagonal, Step L next to R, Cross R over L

## Kick Ball Cross, Side Rock, Recover, Behind, $\frac{1}{4}$ R, Step Pivot $\frac{1}{2}$ R with knee pop

- 1&2 Kick L to L diagonal, Step L next to R, Cross R over L
- 3-4 Rock out to L side, Recover on R
- 5-6 Step L behind R,  $\frac{1}{4}$  R stepping forward on R (12:00)
- 7-8 Step forward on L, Pivot  $\frac{1}{2}$  R (keeping weight on L popping R knee forward) (6:00)

## Ball Step, Hold, Ball Step, Hold, Ball Step, Rock Forward, Recover, Step Back

- &1-2 Step R next to L, Step forward on L, Hold
- &3-4 Step R next to L, Step forward on L, Hold
- &5 Step R next to L, Step forward on L
- 6-7 Rock forward on R, Recover on L
- 8& Step back on R sweeping L from front to back

## Behind, $\frac{1}{4}$ R, Step Pivot $\frac{3}{4}$ R, Chasse L, Rock Back, Recover

- 1-2 Step L behind R,  $\frac{1}{4}$  R stepping forward on R (9:00)

- 3-4 Step forward on L, Pivot  $\frac{3}{4}$  R (6:00)
- 5&6 Step L to L side, Step R next to L, Step L to L side
- 7-8 Rock back on R, Recover on L

**Tag 1: End of wall 1 (Facing 6:00)**

**Step Forward, Sweep, Cross, Side R, Behind, Sweep, Behind, Side L**

- 1-2 Step forward on R, Sweep L from back to front
- 3-4 Cross L over R, Step R to R side
- 5-6 Step L behind R, Sweep R from front to back
- 7-8 Step R behind L, Step L to L side

**Step Forward, Rock Forward, Recover,  $\frac{1}{2}$  L, Step Pivot  $\frac{1}{2}$  L, Walk Forward R, L**

- 1 Step forward on R
- 2-3 Rock forward on L, Recover on R
- 4  $\frac{1}{2}$  turn L stepping forward on L
- 5-6 Step forward on R, Pivot  $\frac{1}{2}$  L
- 7-8 Step forward on R, Step forward on L

**Tag 2: During wall 3, performed after 32 counts (Facing 12:00), Afterwards restart the dance again.**

**Step Forward, Sweep, Cross, Side L, Behind, Sweep, Behind, Side R**

- 1-2 Step forward on L, Sweep R from back to front
- 3-4 Cross R over L, Step L to L side
- 5-6 Step R behind L, Sweep L from front to back
- 7-8 Step L behind R, Step R to R side

**Step Forward, Rock Forward, Recover,  $\frac{1}{2}$  R, Step Pivot  $\frac{1}{2}$  R, L Lock Step**

- 1 Step forward on L
- 2-3 Rock forward on R, Recover on L
- 4  $\frac{1}{2}$  R stepping forward on R
- 5-6 Step forward on R, Pivot  $\frac{1}{2}$  R
- 7&8 Step forward on L, Lock R behind L, Step forward on L

**Restart: On wall 6 after 28 counts (facing 12:00). Modify counts 29-32 to:**

- 29-30 Cross Rock RF over L, Recover onto L
  - 31-32 Side Rock RF to R side, Recover onto L, then restart the dance
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