

# Britney Spears (If U Seek Amy)

COPPERKNOB  
STEPSHEETS

Count: 32

Wall: 4

Level: Low Intermediate

Choreographer: Jasper Morrow (USA) - 1 September 2023

Music: If U Seek Amy - Britney Spears



**Intro: 32 counts (approx 15 seconds)**

**[1-8]: Half turns, heel touches x2**

- 1, 2 Step forward L making ½ turn clockwise, step back R
- &3, 4 Step back L (&), heel touch R forward x 2 (3, 4)
- 5, 6 Step forward R starting ½ turn clockwise, Step back L finishing ½ turn
- &7,8 Step back R (&), heel touch L forward x 2 (3, 4)

**[9-16]: Wizard Steps, knee hitches with ¾ turn**

- 1, 2& Step down L, cross R behind left, recover L
- 3,4& Step R, cross L behind right, recover R
- 5, 6 Step forward L, hitch R knee (or kick R forward)
- 7, 8 Step behind on R making a 1/4 turn over right shoulder, scuff and hitch L knee making ½ turn over right shoulder (clockwise, facing 9 o'clock)

**Restart here on Wall 4, moving in 3 o'clock direction. Body will only make 1/4 turn clockwise on the restart instead of 1/2 turn**

**[17-24]: Side behind, chasse, cross rock, ¾ turn**

- 1, 2 Step L to L, step behind R
- 3&4 Chasse to the left (left, right, left) \*Optional styling step L, drag R
- 5, 6 Cross R forward over L, recover L
- 7, 8 Step R to R making ¼ turn, step forward L making ½ turn

**[25-32]: Heel drag, coaster step, mambo cross, full turn**

- 1, 2 Step back R, drag L heel back
- 3&4 Step back L, step together R, step forward L
- 5&6 Step R to right side, recover L, cross R over L making ¼ turn left (counterclockwise)
- 7, 8 Full turn clockwise stepping L, R (as you end this wall and start your new one you will be making 1 ½ turns) Modify option: walk L, R

**Notes and ending: Song ends on count 24, finish with first 2 counts of last 8 count: step back R, Heel drag left.**

**I could have made another restart to avoid this but I like how it ends this way**

**Last Update: 8 Jun 2024**