

# Hands On Me

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Miske Findriani Paduli (INA) - October 2023

**Music:** Hands On Me (feat. Meghan Trainor) - Jason Derulo



**\*Intro: Approx 20 seconds**

**\*No Tag, No Restart**

## **Section 1: Side, Close - Cross Toe Strut - Toe Strut (L/R)**

- 1-2 Step R to side, L close together (12:00)
- 3-4 Cross R toe over L, R heel down (angle body slightly left)
- 5-6 Touch L toe forward, L heel down
- 7-8 Touch R toe forward, R heel down

## **Section 2: Side, Close - Cross Toe Strut - Toe Strut (R/L)**

- 1-2 Step L to side, R close together (12:00)
- 3-4 Cross L toe over R, L heel down (angle body slightly right)
- 5-6 Touch R toe forward, R heel down
- 7-8 Touch L toe forward, L heel down

## **Section 3: Turn 1/8R Jazz Box - Turn 1/4L Paddle - Turn 1/4L Paddle**

- 1-4 Cross R over L, 1/8R step L back, R to side, L cross over R (03:00)
- 5-6 Step R forward, turn 1/4L step L in place (12:00)
- 7-8 Step R forward, turn 1/4L step L in place (09:00)

## **Section 4: Step & Kick Forward (R/L) - Out, Out, Hold - In, In, Hold**

- 1-2 Step R forward, kick L forward
- 3-4 Step L forward, kick R forward
- &5-6 Step R out, step L out, hold
- &7-8 Step R in, step L in, hold

**Happy dancing & thank you**

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