

# Try Not To Cry

Count: 48

Wall: 4

Level: Improver

Choreographer: Daisy Simons (BEL) - October 2023

Music: Try Not to Cry - Soulsister



**Intro: 32 counts. Start on the word "Goodbye"**

## Section 1: SIDE, TOGETHER, SHUFFLE FWD R, L

1-2 Step R to right side, step L next to R  
3&4 Step R forward, step L next to R, step R forward  
5-6 Step L to left side, step R next to L  
7&8 Step L forward, step R next to L, step L forward

## Section 2: CROSS ROCK, RECOVER, CHASSE R, CROSS ROCK, RECOVER, CHASSE 1/4 TURN L

1-2 Rock R cross over L, recover weight to L  
3&4 Step R to right side, step L next to R, step R to right side  
5-6 Rock L cross over R, recover weight to R  
7&8 Step L to left side, step R next to L, step L 1/4 turn left forward (9:00)

\*\*\*Restart in wall 3 (3:00)

## Section 3: CROSS, SIDE, SAILORSTEP, CROSS SIDE, SAILORSTEP 1/4 TURN L

1-2 Cross R over L, step L to left side  
3&4 Cross R behind L, step L to left side, step R to right side  
5-6 Cross L over R, step R to right side  
7&8 Step L 1/4 turn left behind R, step R to right side, step L forward (6:00)

\*\*\*Restart in wall 7 (12:00)

## Section 4: ROCK FWD, RECOVER, SHUFFLE 1/2 TURN R x2, ROCK BACK, RECOVER

1-2 Rock R forward, recover weight to L  
3&4 Step R 1/4 turn right, step L next to R, step R 1/4 turn right forward  
5&6 Step L 1/4 turn right, step R next to L, step L 1/4 turn right back (6:00)  
7-8 Rock R back, recover weight to L

## Section 5: R SAMBA, STEP FWD, POINT R SAMBA, STEP FWD, POINT

1&2 Cross R over L, step L to left side, recover weight to R  
3-4 Step L forward, point R to right side  
5&6 Cross R over L, step L to left side, recover weight to R  
7-8 Step L forward, point R to right side

## Section 6: ROCK FWD, RECOVER, COASTERSTEP, PIVOT 1/4 TURN R, CROSS SHUFFLE

1-2 Rock R forward, recover weight to L  
3&4 Step R back, step L next to R, step R forward  
5-6 Step L forward, 1/4 turn right (9:00)  
7&8 Cross L over R, step R to right side, cross L over R

**Start again.**

**Restart:**

in wall 3 after 16 counts (3:00)

in wall 7 after 24 counts (12:00)

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