

# Sunshine and Happiness

**COPPER** **KNOB**  
BY SHEETS

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Joseph Morris (ES) - September 2023

**Music:** Forever Young - The Les Humphries Singers



**INTRO: 16 COUNT - RESTART ON WALL 4 AFTER COUNT 16**

**SECTION 1: WALK FORWARD RIGHT LEFT, RIGHT MAMBO STEP, WALK FORWARD LEFT RIGHT, LEFT MAMBO STEP**

- 1 – 2 WALK FWD RIGHT, WALK FWD LEFT
- 3 & 4 ROCK RIGHT TO RT SIDE, RECOVER ONTO LEFT, STEP RIGHT BESIDE LEFT
- 5 – 6 WALK FORWARD LEFT, WALK FORWARD RIGHT
- 7 & 8 ROCK LEFT TO LT SIDE, RECOVER ONTO RIGHT, STEP LEFT BESIDE RIGHT

**SECTION 2: WALK BACK RIGHT LEFT, RIGHT MAMBO STEP, WALK BACK LEFT RIGHT, LEFT MAMBO STEP**

- 1 – 2 WALK BACK RIGHT, WALK BACK LEFT
- 3 & 4 ROCK RIGHT TO RT SIDE, RECOVER ONTO LEFT, STEP RIGHT BESIDE LEFT
- 5 – 6 WALK BACK LEFT, WALK BACK RIGHT
- 7 & 8 ROCK LEFT TO LT SIDE, RECOVER ONTO RIGHT, STEP LEFT BESIDE RIGHT

**SECTION 3: GRAPEVINE RIGHT, TOUCH, GRAPEVINE LEFT ¼ TURN LEFT, TOUCH**

- 1 – 2 STEP RIGHT TO RIGHT SIDE CROSS LEFT BEHIND RIGHT
- 3 – 4 STEP RIGHT TO RIGHT SIDE TOUCH LEFT BESIDE RIGHT
- 5 – 6 STEP LEFT TO LEFT SIDE, CROSS RIGHT BEHIND LEFT
- 7 – 8 MAKE ¼ TURN LEFT STEPPING LEFT FWD, TOUCH RIGHT BESIDE LEFT

**SECTION 4: V STEP, SIDE TOUCHES**

- 1 – 2 STEP RIGHT FWD ONTO RT DIAGONAL, STEP LT FWD ONTO LEFT DIAGONAL
- 3 – 4 STEP RIGHT BACK TO CENTRE, STEP LEFT BESIDE RIGHT,
- 5 – 6 STEP RIGHT TO RIGHT SIDE, TOUCH LEFT BESIDE RIGHT
- 7 – 8 STEP LEFT TO LEFT SIDE, TOUCH RIGHT BESIDE LEFT

**START AGAIN.**

**ENJOY, FROM JOE & JERRY LINEDANCE FITNESS, FUERTEVENTURA, CANARY ISLANDS**